

# YASHODA GIRLS' ARTS & COMMERCE COLLEGE SNEHNAGAR, NAGPUR

## DEPARTMENT OF HOMEECONOMICS

BACHELOR OF ARTS
TEACHING -PLAN (EVEN SEMESTER)

SESSION:-2024-2025

# Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadojiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in E-

#### mail:ygc.ngp@rediffmai.com DEPARTMENT OF HOME-ECONOMICS -

## Semester wise Teaching Plan 2024-25

B.AARTS. - First Year- Semester-II (NEP)

(Second Term: 29/11/2024 to 30/04/2025)

Subject:-Family resources Management (Major-T3)

Unit	Required Lectures	Months	Duration
Unit I – Self- Employment in Home –	02	2000 CASS SCHOOL STORY, 1	
Economics: Definition of self-employment, Need of self- employment in Home-Economics. Opportunities of self-employment in Home-	04	November/	
Economics. Guiding Principles of self- employment.	04	December (Total	29 November 2024
Registration, Training, Knowledge of equipment's and their care and Material required Loan facility.	04	period 18 )	31 December 2024
	04		
Preparation of Project Report, Account Keeping, Costing, Labeling Packaging. Family Housing Needs –	02		l as
Protective, Economic, Affection, Social, Standard of living, Housing goals, Style, Function, Occupation.	04		
actors affecting selection of site egal, Location, Physical Features, Soil	04	January (Total	01 January 2025 To
conditions, Cost, Services rinciples of Housing –	04	period 18 )	31 January 2025
rouping of rooms, Orientation, Circulation, exibility, Privacy, Spaciousness, Aesthetics,	04		
conomy, Light, and Ventilation. ractical – Hand Knitting NIT TEST:-1"			

Unit II- Introduction	04	<del></del>	7
work Simplification:	04		
. Meaning, definition and Importance of work	04		
omplification, reconliques of work	04		1.00
Simplification .Improving Methods of work	04	February	
simplification,	04	(Total	01February 2025
Mendel's Law of Changes	04	period 16)	To 28 February
Color – Introduction Study of Colours, Sources	"		2025
of colours, Classification of Colours.			
Dimensions of colour–Warm and Cool colours		1	_
etc. Colour wheel , Colour Schemes and its		1	
effects.Practical – Hand Knitting			
Unit – III Consumer Education			
- Meaning and definition, need			
- Problems of Consumers		March	
-Consumer Forum	04	(Total	1 March 2025 To
-Rights and Responsibilities of consumers.		period 16)	31 March 2025
Consumer Protection Acts	04	pensa 20,	oz maran zaza
-Food Adulteration Acts -1954			
-Standard Weights and Measure Acts -1956	04		
-Consumer Protection Acts-1986 Practical -			
Colour and Colour Schemes	04		
TIMET IV at Franciscus Assessment			
UNIT IV a) FurnitureArrangement *Styles of Furniture- Traditional,	03		
Contemporary, Modern	03		
* Factors involved in selection of Furniture			4.4 11.2025 7-
Comfort, Rest and relaxation, Durability,	03	April	1 April 2025 To
Flexibility , Utility, Aesthetics	03	(Total	30 April 2025
,costMaintenance, Expressiveness, Type and		period 18)	5.1
	04		A
need of family.  b) Arrangement of Furniture in different	04		11
The state of the s	04		
rooms : Drawing Room, Bed Room, Dining Room,	04		ė.
	04		
Multipurpose Room etc. Care of different types of furniture.	04		
Practical –Colour and Colour Schemes			
Practical -Colour and Colour Schemes			
UNIT TEST:-2 <sup>nd</sup>			
Summer Examination		May	May
Jummer Danminason			

Co- ordinator, IQAC

Dr. K. G. Meshram Co-ordinator, IQAC Yashoda Girls' Arts & Commerce College, Nagpur

Dr. Sharad Sambare Officiating Principal Yashoda Girls' Arts & Commerce College Sneh Nagar, Nagpur.

# Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadoJiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015 Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in

mail:ygc.ngp@rediffmal.com

## DEPARTMENT OF HOME-ECONOMICS -----

### Semester wise Teaching Plan 2024-25

B.ARTS. - First YearSemester-I

(Second Term: 29/11/2024 to 30/04/2025) Subject:-Family Housing (Major T4)

	( 1 T)			
Unit	Required	Months	Duration	
Unit 1. E. U	Lectures	Lectures		
Unit-1:-Family housing a)	02			
House-Difference between House		=		
and Home, Function, Types	02	November/	29 November	
b)Influence of family life cycle on	02	December	L & 3550	
dwelling units floor plans	02		2024	
according to income group-Low,	00	(Total -10)	То	
Middle and High.	02		31 December	
Windate and High.			2024	
NTI .	02			
c)Elevation, Cross sectional plan	02			
and Perspective plan	02		01 January	
2.Substructure and	02	January		
Superstructure a)Foundation-	02	(Total -09)	2025 To	
meaning, function, types		(10tal-09)	31 January	
	01		2025	
b) substructure-meaning,				
function, types				
UNIT TEST:-1 <sup>st</sup>				
) superstructure-meaning,	01			
unction, types				

02

02

02

01

01

02

02

February

(Total -08)

March

01February

2025 To 28

February

2025

Unit-2Fundamental of Design

b) Types of design-Structural

c) Colour-Importance and Role

in Interior design, Colour

Furnishing and Lighting in

design.

and Decorative

forecasting.

interiors

a)Objectives of Arts and interior

a) SoftFurnishings- curtain and draperies, upholstered furnishing, cushions. b) Floor covering-Hard and Soft( advantage, disadvantage and maintenance)	02 02	(Total -09)	1 March 2025 To 31 March 2025
c)Lighting-Importance, function	02		1 April 2025
and types-ambient, task,	02	April	То
accent and decorative	02	(Total -08)	30 April 2025
UNIT TEST:-2 <sup>nd</sup>	02	*	
Summer Examination	As per University Schedule		

Department of
Home-Economics

Anuradha S. Navghare

Co- ordinator, IQAC

Dr. K. G. Meshram Co-ordinator, IQAC

Yashoda Girls' Arts &

Commerce College, NagpuYashoda Girls' Arts & Commerce College

Dr. Sharad Sambare

Officiating Principal da Girls' Arts & Commerce College Sneh Nagar, Nagpur.

# Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC (Affiliated to RashtrasantTukadojiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in E-mail:ygc.ngp@rediffmal.com

## DEPARTMENT OF HOME-ECONOMICS --

Semester wise Teaching Plan 2024-25

B. AARTS. - First Year-Semester-II(NEP)

(Second Term: 29/11/2024 to 30/04/2025)

Subject:-Self employment and consumer Education(Minor)

Unit	Required Lectures	Month	Duration
Unit I:—a) Self- Employment in Home – Economics: Definition of self- employment, Need of self- employment in Home-Economics. Opportunities of self-employment in Home- Economics. Guiding Principles of self- employment. Registration, Training, Knowledge of equipment's and their care and Material required Loan facility.	02 02 02 02 02	November / December (Total period08)	29 November 2024 31 December 2024
Preparation of Project Report, Account Keeping, Costing, Labeling Packaging b)Various self employment opportunities in Home-Economics. 1)Event management 2)Self help group 3) Art designer Unit Test-I	02 02 02 02 01	January (Totalperiod 09)	01 January 2025 To 31 January 2025
4)Interior planner 5)Food production 6)Diet planner and Tiffin services 7)Rangoli Artist Unit II:-a) Consumer 6ducation 6 Meaning and definition, need 6 Problems of Consumers 6 Consumer Forum 6 Ights and Responsibilities of	02	February (Total period 08)	01February 2025 To 28 February 2025

b)Consumer awareness a)Meaning and definition of consumer,	01		
Right and responsibility of consumer, Need for protection of Consumer,	02	March	01 March 2025 To
Guarantee regarding weight measures and quantity of goods.	02	(Total period 09)	31 March 2025
b)RemediesStandardization development of quality control and BIS Agmark, informative labeling.	02 02		
Types and function of labels		2.5	
c) Consumer education and knowledge regarding consumer law. Need for Consumer's education,	02		
Consumer education and consumer forum. d) Consumer Protection Acts	01	April (Total period 07 )	1 April 2025 To 30 April 2025
-Food Adulteration Acts -1954 -Standard Weights and Measure Acts -	02		100
1956 -Consumer Protection Acts-1986 Unit Test-II	02		
SUMMER Examination	As per University Schedule		

Co- ordinator, IQAC

Or. K. G. Meshram Dr. Sharad Sambare
Co-ordinator, IQAC
Yashoda Girls' Arts &

Commerce College, Nagput Yashoda Girls' Arts & Commerce College

Commerce College, Nagput Yashoda Girls' Arts & Commerce College

Rrincipal

# Yashoda Girls' Arts & Commerce College

# Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadoJiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in Email:ygc.ngp@rediffmal.com

# DEPARTMENT OF HOME-ECONOMICS ----

Semester wise Teaching Plan 2024-25

B.AARTS. - First Year-Semester-II (NEP)

(Second Term: 29/11/2024 to 30/04/2025) Subject:-Fashion Designing(Open Elective)

Unit	Required Lectures	Months	Duration
Unit 1:- Fashion a) Definition, history, element, terminology, cycle, factor affecting fashion, fashion source, fashion trend in India and abroad. b) Principal and element of art in dress designing. Unit 2:- Anthropometrical Measurement a) Concept,	04 04 04 04 04	December (Total period 16)	01 December 2024 To 31 December 2024
importance, technique and precautions. b) Pattern making method of drafting raping flat pattern technique and uses. Unit Test-I	04 04 04 04	(Total period 17)	2025 To 31 January 2025
Unit 3:-Commercial patterns a)Concepts, selection, and use of commercial pattern selection of Fabric. Factors affecting selection of fabric for different garments, Calculating quantity of fabric needed for different garments	04 04 04 04	February (Total period 16)	01February 2025 To 28 February 2025

Unit 4;- Different types of stitches a)Construction and decorative, Different types of seems and same finish.  b) Layout planning:- Definition, types of layout, economy of fabric in placing patterns, adjusting fabric to pattern.  Fitting -Good- fit definition principle and clues for good fit (ease, line, grain, set and balance).	04 04 04 04	March (Total period 16)	01 March 2025 To 31 March 2025
Unit Test-II			
Revision Submission assignment, paper pattern revision Activity:-Construction and decorative different types of seams and seam finish.	03 04 04 04 02	April (Total period 17	1 April 2025 To 30 April 2025
Summer Examination	As per Un	iversity Sch	edule

Department of Home-Economics

Anuradha S. Navghare

Co- ordinator, IQAC

Dr. K. G. Meshram Co-ordinator, IQAC Yashoda Girls' Arts &

Commerce College, Nagpur

**Principal** 

Dr. Sharad Sambare

Officiating Principal Yashoda Girls' Arts & Commerce College Sneh Nagar, Nagori

#### Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadojiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagiriscollege.edu.in Email:ygc.ngp@rediffmal.com

#### DEPARTMENT OF HOME-ECONOMICS

Semester wise Teaching Plan 2024-25

B.A ARTS. - First YearSemester-II

(Second Term: 29/11/2024 to 30/04/2025)

Subject:-Compost Making (Skill Enhancement Course-SEC)

Unit	Required Lectures	Months Lectures	Duration
Unit 1) Compost Making Activities. 1. Collection of organic wastes. 2. Beginning of composting procedure.	04-04 04-04	January/ February (Total -16)	01January 2025 To 31 January 2025 01 February 2025 To 28 February 2025
			2
Unit 2) Utilization of Compost  1.Care of Compost  2. Utilization of Prepared Compost.	04-04 04-04	March/ April (Total -16)	01 March 2025 To 31 March2025 01 April 2025 To 30 April 2025
Summer Examination	As	per University	Schedule

Department of Home-Economics Anuradha S. Navghare Co- ordinator, IOAC

Dr. K. G. Meshram

Dr. Sharad Sambare Officiating Principal

Prindipal.

Yashoda Girls' Arts & Yashoda Girls' Arts & Commerce College Commerce College, Nagpur

Sneh Nagar, Nagpur.

# Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadoJiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015 Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in E-

mall:ygc.ngp@rediffmal.com

## DEPARTMENT OF HOME-ECONOMICS

#### Semester wise Teaching Plan 2024-25

B.AARTS. - First YearSemester-II

(Second Term: 29/11/2024 to 30/04/2025)

Subject:-Mini Event Management(Vocational skills courses-VSC)

Unit	Required Lectures	Months Lectures	Duration
Event Management Technique of Birthday	04	December	01 December 2024
Party-Organization of birthday of	04	(Total period	То
Children,Adult and Elderly people		08)	31 December 2024
Event Management for Baby Shower	04	January	01 January 2025 To
Programmer's-Organization of activity	02	(Total period	31 January 2025
	04	10)	Pi
3) event management for kitty parties and	04	February	01February 2025 To
other small parties organization of parties II organizations	04	(Total period 08)	28 February 2025
Unit II:-Organization of mini event related	04	March	01 March 2025 To
to marriage	04	(Total period	31 March 2025
a) Engagement ceremony		08)	Į.
b) Haladi function c) Mahanadi			
Activity:-a) Brochure for advertisement	02	April (Total	1 April 2025 To
b)Marketing of event management.	02	period 08)	30 April 2025
	02	22	Jan Jan
2 <sub>00</sub> 1 2	02		
Summer Examination	As	per University	Schedule

Department of Home-Economics

Anuradha S. Navghare

Co- ordinator, IQAC

Co-ordinator, IQAC Yashoda Girls' Arts &

Commerce College, Nagpur

Dr. Sharad Sambare

Officiating Principal Yashoda Girls' Arts & Commerce College

Sneh Nagar, Nagpur.

# Yashoda Girls' Arts & Commerce College

Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadojiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in Email:ygc.ngp@rediffmai.com

#### DEPARTMENT OF HOME-ECONOMICS -----

Semester wise Teaching Plan 2024-25

B.AARTS. - Second YearSemester-III

(\$ to 78/04/2024 to 28/04/2025)

Subject:-Food and Nutrition

	Required Lectures	Months	Duration
Unit1-a)Balanced diet;-	04		
Definition, Factor affecting	0.4		29 November
balanced diet, Different Nutrients	04	November/	2024
in balanced diet,Principle of meal	04	December(Total	То
planning.	04	period 16)	31 December
b)Nutrition through LifeCycle			2024
1)pregnancy, 2)Lactation, 3)Infancy.			
Practical – Cooking Practical			
4)Pre-school,			W 10
5)School going,		2	
6)Adolescence,	04		
7)Old age.		January(Total	01 January
Unit2-	04	period 20)	2025 To
Principle of Diet therapy	-		31 January
a)Modification of Normal diet			2025
forTherapeutic purposes. b)Type of Dietc)Nutritional	04		2025
Management in common	04		
diseases.1)Diarrhea 2)Diabetes			
Mellitus 3)Constipation 4)Anemia	04		
5)Sickle Cell Anemia			
Practical – Cooking Practical UNIT TEST:-1 <sup>ST</sup>			F

b)Nutrition education:-meaning and definition, objectives, method of	02		
nutrition education. unit 3:-Food spoilage ,Food	04	February(Total period 18)	01 February 2025To 28
poisoning -definition ,various			February
types of food poisoning and remedies.	04		2025
b)Food preservation- definition	04		
and importance of food	04		
preservation method of food			
preservation-dehydration, with			
salt, sugar, oil and spices, control			
of temperature, chemical			
preservation.			
Food and adulteration:-	04		
definition, reason behind food			
adulteration, effect of food	04	March (Total	1 March 2025
adulteration, detection of food	04	period 18)	То
adulteration, standard, remedies to			31 March
tackle food adulteration, laws	04		2025
regarding food adulteration.unit 4			
a)Improving nutritional quality of	04		
food-germination, fermentation,	02		
supplementation, substitution	02		
fortification and enrichment.			
b) Mall nutrition in India	04		
definition of malnutrition	1	April(Total	1 April 2025
overnutrition and under nutrition	04	period 20	То
nutritional problem in India causes	04	100	30 April 2025
and remedies of malnutrition	04		
difference agency to combat			
malnutrition FAO,CARE,NIN			
UNIT TEST :-2 <sup>nd</sup>			
Summer Examination			
Summer Danimates			

Co- ordinator, IQAC

Dr. K. G. Meshram Co-ordinator, IQAC Yashoda Girls' Arts &

Principal hon,

Dr. Sharad Sambare Cinciating Principal Commerce College, Nagpur Yashoda Girls' Arts & Commerce College

## Yashoda Girls' Arts & Commerce College

## Accredited B++ with 2.97 CGPA for Second Cycle by NAAC

(Affiliated to RashtrasantTukadoJiMaharaj Nagpur University, Nagpur)

Sneh Nagar, Wardha Road, Nagpur 440015

Tel. 0712 2290637 Fax: 0712 2290368 www: https://yashodagirlscollege.edu.in E-mail:ygc.ngp@rediffmai.com

### DEPARTMENT OF HOME-ECONOMICS -

### Semester wise Teaching Plan 2024-25

B.ARTS. Third YearSemester-VI

(Second Term: 29/11/2024 to 30/04/2025)

Subject:-Child Developments

Subject:-Ci	ila Developi	inents	
Unit	Required Lectures	Months	Duration
The branches are aminotion	Dectares	November	November
Unit I – 1.1 – Early childhood (2-6)	04		31
Characteristics, development task.  1.2 – Physical development – Definition  1. Change in size – change in height	04	December (Total period	01 December 2024 To 31
weight, development of bones, teeth etc.  2. Change in body proportion, 3.	04 04	16)	December2024
Growth of internal organs, factors affecting physical development.  1.3 – Motors Development – Meaning skills of early childhood – Hand skills, factor affecting motor development.	04		J.
1.4 – Emotional development – Definition. Types of emotions, importance of emotion, Emotion during	04 04	January/	01January2025To
early childhood - Positive Emotion -		February	08 February
Happiness, Love and affection, Curiosity. Negative emotion – Fear,	04	(Total period	2025
anger jealousy, Anxiety. Characteristics of emotion, factors affecting emotional development. Unit – II  2.1 – Speech development – Definition, Importance of speech, Practical – Cooking	04	20)	
2.1 - Speech development - Steps of speech development during early childhood - (1) Comprehension, (2)	03	February (Total period 17)	09 February 2025To 28 February 2025
Pronunciation, (3) Vocabulary building,	04		
(4) Sentences formation. Speech defects  – 1) Lisping 2) Cluttering 3) Stuttering 4) Slurring, Remedies of speech	04		
development. 2.2 – Intellectual development – Definition, Classification of intelligence,	04		

Measurement of Intelligence, Intelligence quotient (I.Q), Factor affecting intellectual development. Practical – Cooking practicalUNIT TEST-1³  Unit – III 3.1 – Social development – Definition, Companions during early childhood 1) Associates, 2) Playmates, 3) Friends, 4) imaginary friends. Forms of social behavior. Factors affecting social development. 3.2 – Play – Importance of play (Values of play), characteristics of play, stages of play. Types of play – Free spontaneous play, Dramatic or imaginary play, Constructive play,. Practical – Stitching  Unit IV – 4.1 – Childhood behavioral	02 04 04 04 04 04	March (Total period 20)	01 March 2025To 31 March 2025
problems: Common causes of behavioralproblems.  4.2 – Types of behavioral problems, its cause and remedies – 1. Lying, 2. Stealing, 3. Temper tantrums, 4. Nail biting, 5. Thumb Sucking.  4.3 – Parent – child relationship – Importance, Need for desirable. Child rearing practices, Parental Challenges – Attraction toward junk food, Television watching and its effects on children.  4.4 – Discipline – Definition, Objectives, Need & importance, Types of discipline. 1. Authoritarian discipline, 2. Democratic Discipline, 3. Permissive discipline. Advantages & Disadvantages. Role of Reared and Punishment in discipline	04 04 04 04	April (Total period 22)	01 April 2025 To 30 April 2025

Co- ordinator, IOAC

Principally

Dr. K. G. Meshram
Co-ordinator, IQAC
Yashoda Girls' Arts &
Commerce College, NagpurYashoda Girls' Arts & Commerce College
Commerce College, NagpurYashoda Girls' Arts & Commerce College
Commerce College, NagpurYashoda Girls' Arts & Commerce College

Sneh Nagar, Nagpur.