



Yashoda Girls' Arts & Commerce College, Nagpur

■ Recognized by Government of Maharashtra ■ Affiliated to RTM Nagpur University, Nagpur
SNEH NAGAR, WARDHA ROAD, NAGPUR - 440 015. (M.S.) INDIA

■ Tel. : 0712-2290637 ■ Fax No.: 0712- 2290368 ■ Website : www.yashodagirlscollege.edu.in ■ Email : ygc.ngp@rediffmail.com

5.1.2 Capacity building and skills enhancement initiatives

taken by the institution include the following

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene)
4. ICT/computing skills

Supporting Documents as Web-Link/Hyper-Link

3. Life skills (Yoga, physical fitness, health and hygiene)

Life skill based program As per Template No. 18

Name of the capacity development and skills enhancement program	Add on Course in Food Preservation
Date of implementation	11-09-2017
Number of students enrolled	25
Name of the agencies/consultants involved with contact details	Department of Home- Economics of the institution by Prof. Rekha Meshram
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/Add-on-Course-in-Food-Preservation-2017-2018-Proof.pdf	

Life skill based program As per Template No. 19

Name of the capacity development and skills enhancement program	Short Term Course in Health and Yoga
Date of implementation	03-06-2021
Number of students enrolled	45
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/Short-Term-Course-2020-21-in-Health-and-Yoga-fINAL-1.pdf	

Life skill based program As per Template No. 20	
Name of the capacity development and skills enhancement program	Short Term Course in Fabric Painting
Date of implementation	26-11-2018
Number of students enrolled	30
Name of the agencies/consultants involved with contact details	Department of Home- Economics of the institution by Prof. Rekha Meshram
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/STC-in-Fabric-painting-2018-2019.pdf	

Life skill based program As per Template No. 21	
Name of the capacity development and skills enhancement program	Short Term Course in Flower Arrangement
Date of implementation	02-09-2019
Number of students enrolled	30
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/STC-in-Flower-Arrangement-2019-2020-OK.pdf	

Life skill based program As per Template No. 22	
Name of the capacity development and skills enhancement program	Certificate Course in Agricultural Marketing
Date of implementation	13-05-2021
Number of students enrolled	40
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/Short-Term-Course-Agricultural-Marketing-2020-2021-1.pdf	

Life skill based program As per Template No. 23	
Name of the capacity development and skills enhancement program	Certificate Course in Agricultural Marketing
Date of implementation	08-03-2022
Number of students enrolled	35
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/06/Short-Term-Course-2021-22-Agricultural-Marketing.pdf	

Life skill based program As per Template No. 24	
Name of the capacity development and skills enhancement program	Short Term Course in Health and Yoga
Date of implementation	01-01-2022
Number of students enrolled	50
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Short-Term-Course-2021-2022-Health-Yoga.pdf	

Life skill based program As per Template No. 25	
Name of the capacity development and skills enhancement program	Short Term Course in Health and Yoga
Date of implementation	01-01-2022
Number of students enrolled	50
Name of the agencies/consultants involved with contact details	Department of Lifelong Learning & Extension Rashtrasant Tukadoji Maharaj Nagpur University (9156727545/8459438651)
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Short-Term-Course-2021-2022-Health-Yoga.pdf	

Life skill based program As per Template No. 26	
Name of the capacity development and skills enhancement program	Project on Land Pollution
Date of implementation	01-09-2021
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Land-Pollution.pdf	

Life skill based program As per Template No. 27	
Name of the capacity development and skills enhancement program	Project on Saving of Electricity
Date of implementation	01-09-2021
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Saving-of-Electricity.pdf	

Life skill based program As per Template No. 28	
Name of the capacity development and skills enhancement program	Environment and Human Health
Date of implementation	05-09-2021
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Environment-and-Human-Health.pdf	

Life skill based program As per Template No. 29	
Name of the capacity development and skills enhancement program	Project on Relation between Human Being and Environment
Date of implementation	05-09-2021
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Relation-between-Human-Being-and-Environment.pdf	

Life skill based program As per Template No. 30	
Name of the capacity development and skills enhancement program	Project on Air pollution
Date of implementation	05-09-2021
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Air-Pollution-2021-2022.pdf	

Life skill based program As per Template No. 31	
Name of the capacity development and skills enhancement program	Project on Sound Pollution
Date of implementation	25-08-2021
Number of students enrolled	10
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Sound-Pollution-2021-2022.pdf	

Life skill based program As per Template No. 32	
Name of the capacity development and skills enhancement program	Project on Turning Biodegradable things into organic Manure
Date of implementation	22-08-2020
Number of students enrolled	19
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Turning-Bio-degradable-things-into-organic-Manure-19.pdf	

Life skill based program As per Template No. 33	
Name of the capacity development and skills enhancement program	Project on use of cow Urine
Date of implementation	22-08-2020
Number of students enrolled	18
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Using-Cow-Urine-18.pdf	

Life skill based program As per Template No. 34	
Name of the capacity development and skills enhancement program	Project on saving of LPG Gas
Date of implementation	22-08-2020
Number of students enrolled	17
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Saving-of-LPG-Gas.pdf	

Life skill based program As per Template No. 35	
Name of the capacity development and skills enhancement program	Project on Solar Energy for Storing Veggies and Fruits
Date of implementation	22-08-2020
Number of students enrolled	18
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Use-of-Solar-Energy-for-storing-veggies-and-fruits-18.pdf	

Life skill based program As per Template No. 36	
Name of the capacity development and skills enhancement program	Project on Eco Friendly Rakhi Making
Date of implementation	22-08-2020
Number of students enrolled	19
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Eco-Friendly-Rakhi-Making-19.pdf	

Life skill based program As per Template No. 37	
Name of the capacity development and skills enhancement program	Project on Making organic colours of Holi
Date of implementation	22-08-2020
Number of students enrolled	21
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Organic-Colours-of-Holi.pdf	

Life skill based program As per Template No. 38	
Name of the capacity development and skills enhancement program	Project on Family Resource Management
Date of implementation	25-08-2020
Number of students enrolled	10
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Family-Resource-Management-HECO-10.pdf	

Life skill based program As per Template No. 39	
Name of the capacity development and skills enhancement program	Project on Flower Arrangement Technique
Date of implementation	25-08-2020
Number of students enrolled	10
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Flower-Arrangement-Technbique-HECO-9.pdf	

Life skill based program As per Template No. 40	
Name of the capacity development and skills enhancement program	Project on Different Types of Macronutrients
Date of implementation	25-08-2020
Number of students enrolled	15
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21Different-Types-of-Macronutrients-15.pdf	

Life skill based program As per Template No. 41	
Name of the capacity development and skills enhancement program	Project on different food groups
Date of implementation	25-08-2020
Number of students enrolled	8
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Different-Food-Groups.pdf	

Life skill based program As per Template No. 42	
Name of the capacity development and skills enhancement program	Project on Stages of Human Development
Date of implementation	25-08-2020
Number of students enrolled	8
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/03/Project-2020-21-Stages-of-Human-Development.pdf	

Life skill based program As per Template No. 43	
Name of the capacity development and skills enhancement program	Project on Turning Biodegradable things into organic manure
Date of implementation	20-09-2019
Number of students enrolled	14
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A-PROJECT-TURNING-BIODEGRADABLE-THINGS-INTO-ORGANIC-MANURE-2019-2020.pdf	

Life skill based program As per Template No. 44	
Name of the capacity development and skills enhancement program	Project on Organic Mosquito Repellent
Date of implementation	20-09-2019
Number of students enrolled	15
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A-PROJECT-ORGANIC-MOSQUITO-REPELLENT-2019-2020.pdf	

Life skill based program As per Template No. 45	
Name of the capacity development and skills enhancement program	Project on Saving LPG Gas
Date of implementation	20-09-2019
Number of students enrolled	14
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/b.com-project-saving-lpg-gas-2019-2020.pdf	

Life skill based program As per Template No. 46	
Name of the capacity development and skills enhancement program	Project on Eco Friendly Ganesha Effigies
Date of implementation	20-09-2019
Number of students enrolled	14
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-PROJECT-ECO-FRIENDLY-GANESHA-2019-2020.pdf	

Life skill based program As per Template No. 47	
Name of the capacity development and skills enhancement program	Project on Garbage Management
Date of implementation	20-09-2019
Number of students enrolled	16
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-project-garbage-management-2019-2020.pdf	

Life skill based program As per Template No. 48	
Name of the capacity development and skills enhancement program	Project on Flower Arrangement Technique
Date of implementation	20-09-2019
Number of students enrolled	17
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/2019-2020-FLOWER-ARRANGMENT.pdf	

Life skill based program As per Template No. 49	
Name of the capacity development and skills enhancement program	Project on Meal Planning in Various Stages
Date of implementation	20-09-2019
Number of students enrolled	14
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Meal-Planning-at-Variou-Stages-2019-2020.pdf	

Life skill based program As per Template No. 50	
Name of the capacity development and skills enhancement program	Project on Infancy and Babyhood
Date of implementation	20-09-2019
Number of students enrolled	8
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Infancy-and-Babyhood.pdf	

Life skill based program As per Template No. 51	
Name of the capacity development and skills enhancement program	Project on Garbage Management
Date of implementation	24-08-2018
Number of students enrolled	15
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A-PROJECT-ECO-FRIENDLY-GANESHA-EFFIGIES-2018-2019.pdf	

Life skill based program As per Template No. 52	
Name of the capacity development and skills enhancement program	Project on Solar Energy for Removing Cloth Stains
Date of implementation	24-08-2018
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A-PROJECT-SOLAR-ENERGY-FOR-REMOVING-CLOTH-STAIN-2018-2019.pdf	

Life skill based program As per Template No. 53	
Name of the capacity development and skills enhancement program	Project on Turning Biodegradable things into organic manure
Date of implementation	24-08-2018
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-PROJECT-TURNING-BIO-DEGRADABLE-THINGS-IN-ORGANIC-MANURE-2018-2019.pdf	

Life skill based program As per Template No. 54	
Name of the capacity development and skills enhancement program	Project on Organic Manure for Flowering Plants
Date of implementation	24-08-2018
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-PROJECT-ON-ORGANIC-MANURE-FOR-FLOWERING-PLANTS-2018-2019.pdf	

Life skill based program As per Template No. 55	
Name of the capacity development and skills enhancement program	Project on Saving of Electricity
Date of implementation	24-08-2018
Number of students enrolled	15
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-PROJECT-SAVING-OF-ELECTRICITY-2018-2019.pdf	

Life skill based program As per Template No. 56	
Name of the capacity development and skills enhancement program	Project on Family Resource Management
Date of implementation	16-09-2018
Number of students enrolled	11
Name of the agencies/consultants involved with contact details	Department of Home Economic
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Family-Resource-Management-2018-2019.pdf	

Life skill based program As per Template No. 57	
Name of the capacity development and skills enhancement program	Project on Management of Time
Date of implementation	16-09-2018
Number of students enrolled	16
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Management-of-Time.pdf	

Life skill based program As per Template No. 58	
Name of the capacity development and skills enhancement program	Project on Different Kinds of Nutrients
Date of implementation	16-09-2018
Number of students enrolled	12
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Different-Types-of-Nutrients-2018-19.pdf	

Life skill based program As per Template No. 59	
Name of the capacity development and skills enhancement program	Project on Growth and Development
Date of implementation	16-09-2018
Number of students enrolled	8
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-Project-on-Growth-and-Development.pdf	

Life skill based program As per Template No. 60	
Name of the capacity development and skills enhancement program	Project on Eco Friendly Rakhi Making
Date of implementation	15-09-2017
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-PROJECT-ECO-FRIENDLY-RAKHI-MAKING-2017-2018.pdf	

Life skill based program As per Template No. 61	
Name of the capacity development and skills enhancement program	Project on Organic Compost and Fertilizer
Date of implementation	15-09-2017
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-PROJECT-ON-ORGANIC-COMPOST-FERTILIZER-2017-2018.pdf	

Life skill based program As per Template No. 62	
Name of the capacity development and skills enhancement program	Project on Organic Colours of Holi Festival
Date of implementation	15-09-2017
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-PROJECT-ON-ORGANIC-COLOURS-OF-HOLI-FESTIVAL-2017-2018.pdf	

Life skill based program As per Template No. 63	
Name of the capacity development and skills enhancement program	Project on Saving of Electricity
Date of implementation	15-09-2017
Number of students enrolled	12
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-PROJECT-ON-SAVING-OF-ELECTRICITY-2017-2018-Copy.pdf	

Life skill based program As per Template No. 64	
Name of the capacity development and skills enhancement program	Project on Organic Mosquito Repellent
Date of implementation	15-09-2017
Number of students enrolled	13
Name of the agencies/consultants involved with contact details	Department of Environmental Education
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.COM-PROJECT-ORGANIC-MOSQUITO-REPELLENT-2017-2018.pdf	

Life skill based program As per Template No. 65	
Name of the capacity development and skills enhancement program	Project on Home Management and Process
Date of implementation	02-09-2017
Number of students enrolled	18
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/B.A.-Project-on-Home-Management-and-Process.pdf	

Life skill based program As per Template No. 66	
Name of the capacity development and skills enhancement program	Project on Family Housing Needs
Date of implementation	02-09-2017
Number of students enrolled	20
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Family-Housing-Needs.pdf	

Life skill based program As per Template No. 67	
Name of the capacity development and skills enhancement program	Project on Meal Planning in Various Stages
Date of implementation	02-09-2017
Number of students enrolled	18
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Project-on-Meal-Planning-at-VARious-Stages-2017-2018.pdf	

Life skill based program As per Template No. 68	
Name of the capacity development and skills enhancement program	Project on Childhood Development
Date of implementation	02-09-2017
Number of students enrolled	9
Name of the agencies/consultants involved with contact details	Department of Home Economics
Hyperlink/Web-link of the proof	
https://yashodagirlscollege.edu.in/wp-content/uploads/2022/07/Unnati-Project-of-Mahila-Adhyayan-RTMNU-2017-2018.pdf	

Programs based on Life Skills apart from the Short term courses and Projects

Life skill based program As per Template No. 69	
Name of the capacity development and skills enhancement program	Seven Days Yoga Training Program
Date of implementation	29-9-2020 to 5-10-2020
Number of students enrolled	33
Name of the agencies/consultants involved with contact details	Department of Physical Education and sports, Yashoda Girls Arts & Commerce College.
Proof attached as under	

DEPARTMENT OF PHYSICAL EDUCATION Workshop on Yoga

Program Report

Purushottam Khaparde Health & Education Society's
Yashoda Girls' Arts & Commerce College
(Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur) NAAC Accreditation B++ 2.82 CGPA
Sneh Nagar, Wardha Road, Napur- 15 ygq.ngp@rediffmail.com Tel. 0712 2290637

DEPARTMENT OF PHYSICAL EDUCATION



NAME OF THE PROGRAM : WORKSHOP ON YOGA

29/9/2020b To 05/10/2020

A seven-day yoga training workshop was organized by the physical education department of the college. Yoga expert professor Dr. Sanjay Khadatkar Assistant Professor, Department of Physical Education, Santaji College, Nagpur was invited. On the occasion of the inauguration, The introductory speech was made by Professor Lalita Punnayya. The mental and physical health of all is deteriorating due to the corona epidemic in the whole world. There are many problems to be faced. Prevention is better than Cure. To maintain your health, you need to increase your immunity along with Social Distancing, Sanitize, Hand Wash, Mask. Your diet along with yoga, meditation, retention, breathing technique helps to maintain good mental and physical health of the person. Stress is relieved, peace of mind is enhanced and immunity is enhanced. Negative thinking goes away and stress is relieved.

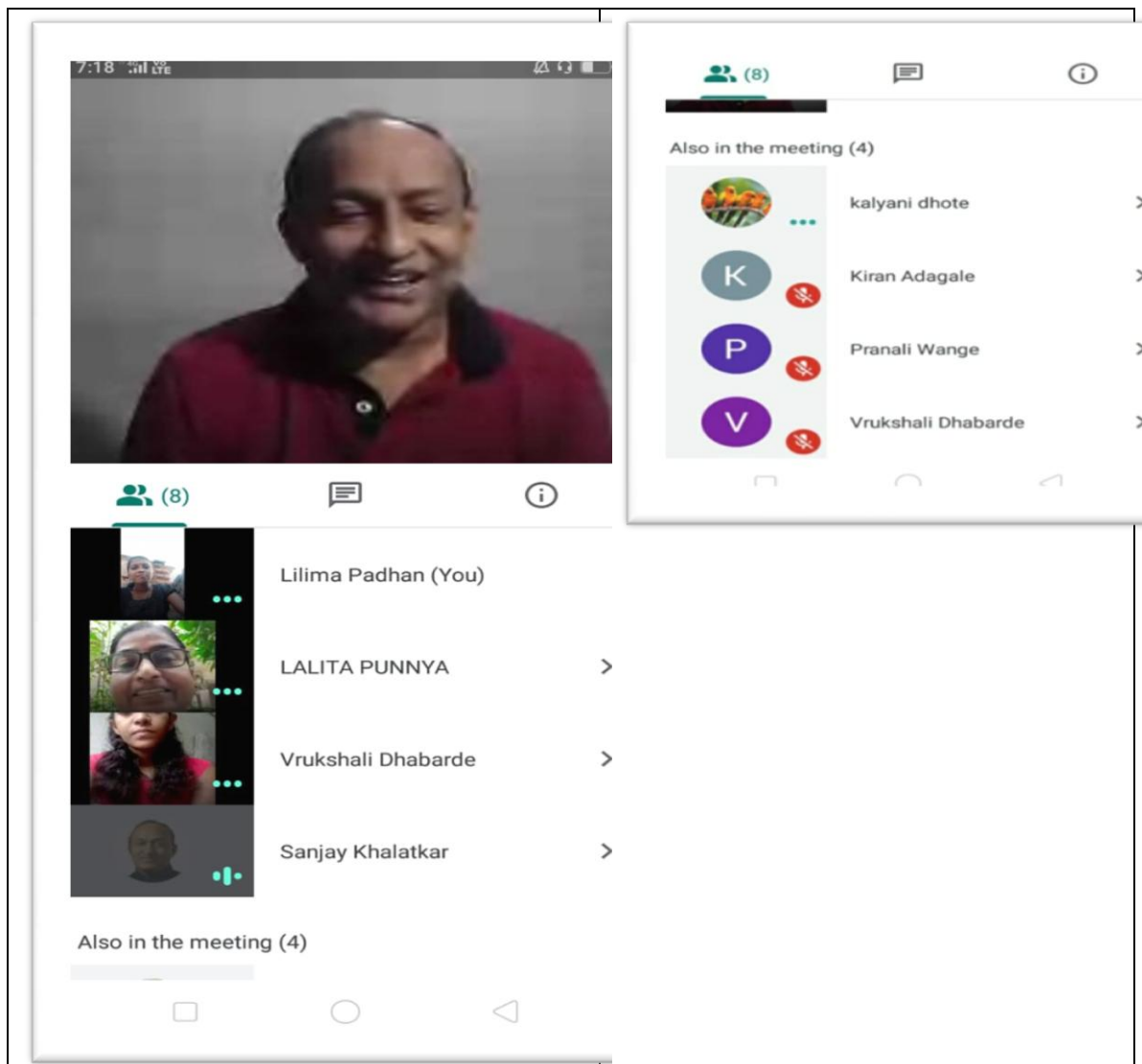
Dr. Sanjay Khalatkar emphasized the importance of Yoga, Ashtanga Yoga, Body Mind, Soul Purification, Pranayama & Meditation.

Standing Asana- Tadasana, Namaskar Asana, Vrikshasana,
Sitting Seat- Vajrasana, Sukhasana Parvatasana
Sleeping on the back - opposite to Uttanasana, Naukasana, Sarvagasana
Sleeping on the stomach - Sarpasan Salbhasana, Dhanusara Bhujangasana etc.
He demonstrated. And got it done by everyone. Asked to do it regularly and continuously.



PRINCIPAL
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15

DEPARTMENT OF PHYSICAL EDUCATION Workshop on Yoga

Online Event Proof



Purushottam Khaparde Health & Education Society's
Yashoda Girls' Arts & Commerce College

(Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur) NAAC
Accreditation B++ 2.82 CGPA

Sneh Nagar, Wardha Road, Napur- 15 ygc.ngp@rediffmail.com Tel. 0712 2290637

DEPARTMENT OF PHYSICAL EDUCATION


Workshop on Yoga
29/9/2020b To 05/10/2020

List of Students Participation

Purushottam Khaparde Health & Education Society's
Yashoda Girls' Arts & Commerce College
(Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur) NAAC
Accreditation B++ 2.82 CGPA
Sneh Nagar, Wardha Road, Napur- 15 ygc.ngp@rediffmail.com Tel. 0712
2290637

DEPARTMENT OF PHYSICAL EDUCATION
Workshop on Yoga
29/9/2020b To 05/10/2020
Student List

Sr.No.	Name of the students
1	Lilima Padhan
2	Arti Shahu
3	Smruti Mane
4	Vanashree Bhalavi
5	Secma Pande
6	PritiBansde
7	Punam Thakare
8	Rupali Ambagade
9	Shivani Lande
10	Roshani chouhan
11	Priti Bansode
12	Kavita daleman
13	Sanjana Wankhede
14	Kmal Rajgire
15	Astha soni
16	Dropadi Manikpuri
17	Supriya Wanjari
18	Rushali Dhabarde
19	Vandana
20	Nilima
21	Diya Hatgare
22	Durga Dhakate
23	Maya Kuhikar
24	Varsha Yadav
25	Khushali Gangurde
26	Pranali Wange
27	Kiran Adagale
28	Surabhi Shende
29	Samiksha Ragit
30	Rani Patel
31	Dr. Sharad Sambare
32	Dr. Mahendra Katare
33	Dr. Amol Raut


PRINCIPAL
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15

Life skill based program As per Template No. 70

Name of the capacity development and skills enhancement program	Online One Month Yoga and Meditation training workshop
Date of implementation	27 January, 2021 to 27 February 2021
Number of students enrolled	98
Name of the agencies/consultants involved with contact details	Department of Physical Education and sports, Yashoda Girls Arts & Commerce College.
Proof attached as under	



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

ACTIVITY REPORT

Session: 2020-2021

Department/ Committee/ Faculty: Department of PHYSICAL EDUCATION

DETAILS OF THE ACTIVITY

Name of the Activity : One Month Yoga and Meditation Camp from 27-01-2021 to 27-02-2021.	Coordinator's Name	Collaboration
Resource Person for the event Dr. Rajashri Pendharkar (Dietetics) Dr. Vidya Lnajewar (Naturopathy) Dr. Dinesh Lanjewar (Naturopathy) Dr. Vinod Moon (Electro Naturopathy) Dr. Rohini Patil (Breast Cancer) Dr. Leen Kalmegh (Health Care) Dr. Sushma Deshmukh (Garbhanskar) Shri.. Sanjay Khonde (Meditation) Shri. Sachin Mathurkar (Meditation) Dr. C. D. Naik (Tension Management)	Dr. Lalita Punnya and others	Matoshri Anjanabai Bahuuddeshiy Mahila Vikas mandal, Sahayogi Tatvavdhan Physical Education Institute, New Delhi, Yashoda Girls' College, Nagpur, College of Social work Kamptee, N. J. Patel College, Mohadi and SRBT Mahila College Mouda.
	Participants Present	
	Students : 54	

BRIEF INFORMATION ABOUT THE ACTIVITY :

Topic/Subject	One Month Yoga and Meditation Camp from 27-01-2021 to 27-02-2021.
Objectives:	To have a fruitful discussion for finding remedial measures in the form of yoga exercises to boost immunity during COVID-19 for the benefit of the students and the society at large.
Brief Report :	One Month Yoga and Meditation Camp from 27-01-2021 to 27-02-2021 was organized as cluster activity in collaboration with Matoshri Anjanabai Bahuuddeshiy Mahila Vikas mandal, Sahayogi Tatvavdhan Physical Education Institute, New Delhi, Yashoda Girls' College, Nagpur, College of Social work Kamptee, N. J. Patel College, Mohadi and SRBT Mahila College Mouda. Total 54 Girls from the college participated in the one month training camp. The event was a grand success as the resource persons explained all sorts of remedies to remain healthy and fit by doing yoga exercises and by following regular meditation.
Outcomes:-	One month Training on Yoga and meditation through this camp was a big energy booster for the participants.

INTERNAL QUALITY ASSURANCE CELL (To be filled by IQAC)

Criterion No. **V**

Metric No. **5.3.3**

Name & Sign of Teacher (In-charge/Co-ordinator)	Name & Sign of HOD/ Committee In-charge	Sign of IQAC Coordinator With stamp	Sign of the Principal (Chairperson, IQAC)
 Prof. Dr. Lalita Punnya HOD, PHYSICAL EDUCATION Yashoda Girls Arts & Commerce College Snehnagar, Nagpur-15		 Co-ordinator, IQAC Yashoda Girls' Arts & Commerce College, Nagpur	 Principal Yashoda Girls Arts & Commerce College, Sneh Nagar, Nagpur

DEPARTMENT OF PHYSICAL EDUCATION

DATE : 07/01/2021

To,
The Principal,
Yashoda Girls' Arts's & Commerce College,
Sneh Nagar,
Nagpur.

Sub : Application for permission to jointly organize online One Month Certificate Course in Training of Yoga and Meditation.

Respected Sir,

As per the directions given in the IQAC meeting I wish to jointly organize online One Month Certificate Course in Training of Yoga and Meditation from 27 /01/2021 to 27 /02/2021 on behalf of the group of other Institutions in Nagpur and our Department of Physical Education.

You are kindly requested to give permission for the same.

Permission given
to organize One
Month Certificate Course in
Training of yoga in
Collaboration


Principal
Yashoda Girls Arts & Commerce
College, Sneh Nagar, Nagpur-15



In Reply
07/01/2021

Purushottam Kheparde Health & Education Society's
Yashoda Girls' Arts & Commerce College
(Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur) NAAC
Accreditation B++ 2.82 CGPA
Sneh Nagar, Wardha Road, Nagpur- 15 ygc.ngp@rediffmail.com Tel. 0712
2290637

DEPARTMENT OF PHYSICAL EDUCATION

दिनांक १५/०१/२०२१

NOTICE

योग प्रशिक्षण शिबीर

CERTIFICATE COURSE IN YOGA

महाविद्यालयातील सर्व प्राध्यापकांना व विद्यार्थिनींना सूचित करण्यात येते कि, मातोश्री अंजनाबाई बहुउद्देशीय महिला विकास मंडळ नागपूर, सहयोगी तत्वावधान शारीरिक शिक्षण संस्थान न्यू दिल्ली तसेच समाजकार्य महाविद्यालय कामठी व यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज, स्रेह नगर नागपूर, एस.जी.बी. वूमन कॉलेज तुमसर, एन. जे. पटेल आर्ट्स अँड कॉमर्स कॉलेज मोहाडी, एन.आर.बी.टी महिला महाविद्यालय गौदा यांच्या संयुक्त विद्यमाने ऑनलाईन आयोजित एक महिला योग व ध्यानसाधना प्रशिक्षण अभ्यासक्रम शिबीर दिनांक २७ जानेवारी ते २७ फेब्रुवारी २०२१ पर्यंत राहिल, जास्तीत जास्त विद्यार्थिनिनी नामांकन करून या शिबिराचा लाभ घ्यावा.

टीप :

नामांकन करण्याची अंतिम तारीख : २५/०१/२०२१

शिबिराची वेळ : रोज सकाळी ९-३० ते ३.००


PRINCIPAL
Yashoda Girls Arts & Commerce Colln
Sneh Nagar, Nagpur-15

DEPARTMENT OF PHYSICAL EDUCATION

कार्यक्रमाचे नाव : योग प्रशिक्षण शिबीर CERTIFICATE COURSE IN
YOGA

आयोजक : मातोश्री अंजनाबाई बहुउद्देशीय महिला विकास मंडळ नागपूर, सहयोगी तत्वावधान शारीरिक शिक्षण संस्थान न्यू दिल्ली तसेच समाजकार्य महाविद्यालय कामठी, यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज, ग्रेह नगर नागपूर, एस.जी.बी. वूमन कोलेज तुमसर, एन.जे. पटेल आर्ट्स अँड कॉमर्स कॉलेज मोहाडी, एस.आर.बी.टी. महिला महाविद्यालय मौदा

मातोश्री अंजनाबाई बहुउद्देशीय महिला विकास मंडळ नागपूर, सहयोगी तत्वावधान शारीरिक शिक्षण संस्थान न्यू दिल्ली तसेच समाजकार्य महाविद्यालय कामठी, यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज, ग्रेह नगर नागपूर, एस.जी.बी. वूमन कोलेज तुमसर, एन.जे. पटेल आर्ट्स अँड कॉमर्स कॉलेज मोहाडी, एस.आर.बी.टी. महिला महाविद्यालय मौदा यांच्या संयुक्त विद्यमाने ऑनलाईन आयोजित एक महिना योग व ध्यानसाधना प्रशिक्षण अभ्यासक्रमाचा उदघाटन सोहळा दिनांक २७ जानेवारी २०२१ रोजी सकाळी १०.०० वाजता संपन्न झाला.

समारंभाला प्रमुख अतिथी म्हणून प्रोफेसर श्रीनिवास वरखेडी कुलगुरु, कवी कुलगुरु संस्कृत विद्यापीठ रामटेक, राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठाचे माजी कुलसचिव व जेष्ठ आंबेडकरी विचारवंत डॉ. पुरांचंद्र मेश्राम अध्यक्ष स्थानी होते. विशेष अतिथी फेफीचे (PEFI) राष्ट्रीय सचिव डॉ. पियुष जैन, अतिथी राष्ट्रीय योग संस्थेचे अध्यक्ष डॉ. एम.एम. घरोटे व योग प्रशिक्षक इंजिनियर संजय खोंडे सर उपस्थित होते.

एक महिना योग व ध्यानसाधना प्रशिक्षण अभ्यासक्रम समारंभ दिनांक दिनांक २७ फेब्रुवारी २०२१ रोजी सकाळी ११.०० वाजता संपन्न झाला. समारंभाला राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठाचे माजी कुलसचिव व जेष्ठ आंबेडकरी विचारवंत डॉ. पुरांचंद्र मेश्राम अध्यक्ष स्थानी होते. प्रमुख अतिथी म्हणून शिक्षण तज्ञ व विद्यार्थी नेते श्री श्रीहरी बोरीकर, अखिल भारतीय विद्यापीठ, अखिल भारतीय व वीद्यार्थी परिषदेचे प्रमुख कानपूर, विशेष अतिथी फेफीचे (PEFI) राष्ट्रीय सचिव डॉ. पियुष जैन, राष्ट्रीय योग संस्थेचे अध्यक्ष डॉ. एम.एम. घरोटे, डॉ. राकेशकुमार शास्त्री, प्रो. डॉ. सी.डी. नाईक, योगतज्ञ इंजिनियर संजय खोंडे यांची उपस्थिती लाभली. कोरोना मानवावरील जागतिक स्वरूपाचे संकट असून त्याविरुद्ध लढा देण्यासाठी भारतीयोंची मानसिकता सुदृढ करण्याचे दृष्टीने सदर प्रशिक्षणाचे यशस्विरित्या आयोजन केल्याबद्दल सर्व वक्त्यांनी अयोजकाचे कौतुक केले. या प्रसंगी प्रशिक्षण अभ्यासक्रमाचे आयोजक डॉ. वंदना मेश्राम ईंगले, डॉ. ललिता पुन्नय्या, डॉ. राजेश्री मेश्राम हे उपस्थित होते.

एक महिन्याच्या योग आणि ध्यान साधना शिबिरात ओमान या देशातील तसेच भारतातील महाराष्ट्र, मध्यप्रदेश, गुजरात, राजस्थान, असाम, अरुणाचल प्रदेश, बिहार, दिल्ली, ओडीसा, जम्मू, काश्मीर, कर्नाटक, हरियाना, इत्यादी राज्यातून लोक सहभागी झाले होते.



Principal
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15.

या अभ्यसक्रमात योग, ध्यानसाधना, आहारशास्त्र, निसर्गउपचार, इलेक्ट्रो होमिओपॅथी, स्तन कर्करोग, तणाव व्यवस्थापन इत्यादी विषयावर इंजिनियर संजय खोंडे, श्री सचिन माथूरकर, इंजिनियर श्रुती खोंडे, डॉ. संजय खलतकर, डॉ. इशिता खलतकर, कु. वैदेही इंगळे, डॉ. राजेश्री पेंढारकर, डॉ. विनोद मुने, डॉ. विद्या लांजेवार, डॉ. दिनेश लांजेवार, डॉ. सी. डी. नाईक, डॉ. रोहिणी पाटील, डॉ. शुषमा देशमुख, डॉ. ललिता पुन्नय्या, डॉ. लीना विरे काळमेघ यांनी मार्गदर्शन केले.

कार्यक्रमात योग प्रशिक्षण अभ्यासक्रमाचा आढावा वाचन डॉ. वंदना मेश्राम-इंगळे यांनी केले. सूत्र संचालन डॉ. ललिता पुन्नय्या यांनी केले व डॉ. शुभाष दाढे यांनी आभार व्यक्त केले.




Principal
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15.

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

1 Month Online Certificate Course in Yoga & Meditation

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGP

Date : 19/02/2021
Time : 06.30 - 06.20 am - Dr. W. Sanjay Khonde - Yoga Practice
Time : 06.20 - 07.00 am. - Dr. Sachina Deshmukh-
विषय : अंतरात्मा अंतरा

Organizer	Coordinator	Yoga Expert	Resource Person
 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur Asst. Prof. Dept. of Physical Education Dharamrao National College, Yashwantrao Chavan	 Dr. Lalita Punnya President M.A.M.V.M., Nagpur Associate Prof. & H.O.D. Dept. of Physical Education Dept. of Physical Education Tatyasaheb Kore College, Nagpur	 Dr. Sanjay Khonde M.A., Yashwantrao, Yoga & Nishikanteshwari Yoga Nagpur, Yoga Teacher & Instructor Level 1, 2, 3, Yoga Teacher & Yoga Practitioner	 Dr. Sachina Deshmukh Director of Central India's Yoga Centre Head of the Dept. of Wellness Management, Yoga & Health Management Nagpur, Nagpur

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

1 Month Online Certificate Course in Yoga & Meditation

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGP

Date : 23/02/2021
Time : 06.00 - 07.00 am - Dr. Manmath Gharote

Topic - Meditation

Organizer	Coordinator	Coordinator	Resource Person
 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur Asst. Prof. Dept. of Physical Education Dharamrao National College, Yashwantrao Chavan	 Dr. Lalita Punnya President M.A.M.V.M., Nagpur Associate Prof. & H.O.D. Dept. of Physical Education Dept. of Physical Education Yashwantrao Chavan College, Nagpur	 Dr. Subhash Dhadhe Associate Prof., Dept. of Physical Education Dharamrao National College Nagpur	 Dr. Manmath Gharote President Yoga Institute, Lonavala Pune

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

1 Month Online Certificate Course in Yoga & Meditation

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGP

Date : 20/02/2021
Time : 06.30 - 06.20 am - Dr. W. Sanjay Khonde - Yoga Practice
Time : 06.20 - 07.00 am. - Dr. Madhusudan Patra
Topic : Yoga & Stress Management

Organizer	Coordinator	Yoga Expert	Resource Person
 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur Asst. Prof. Dept. of Physical Education Dharamrao National College, Yashwantrao Chavan	 Dr. Lalita Punnya President M.A.M.V.M., Nagpur Associate Prof. & H.O.D. Dept. of Physical Education Dept. of Physical Education Tatyasaheb Kore College, Nagpur	 Dr. Sanjay Khonde M.A., Yashwantrao, Yoga & Nishikanteshwari Yoga Nagpur, Yoga Teacher & Instructor Level 1, 2, 3, Yoga Teacher & Yoga Practitioner	 Dr. Madhusudan Patra Professor & Dean Faculty of Indian Yoga Research Program & Publications I.I.T. Kanpur University Kanpur

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

online 1 month certificate course in "Yoga and Meditation"

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGPUR

Date :- 16th Feb To 16th Feb 2021

Time :- 6:00 to 6:30 a.m.
Time :- 6:30 to 7:00 a.m.

**Er. Sanjay Khonde
Mr. Sachin Mathurkar**

 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur	 Dr. Sanjay Khonde International Yoga Expert & IYAF Ambassador	 Mr. Sachin Mathurkar Yoga expert President, Shree Shree Swasthya Nagpur
---	--	---

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

30 Day Online Certificate Course in Yoga & Meditation

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGP

Date :- 19/02/2021
Time : 06.30 - 06.15 am - Dr. Lalita Punnya
Topic : योग & दिव्य शक्ति
Time : 06.15 - 07.00 am - Dr. Leena Bire- Kalmegh
Topic - योग एवं योग शक्ति

Organizer	Resource Person	Coordinator	Resource Person
 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur Asst. Prof. Dept. of Physical Education Dharamrao National College, Yashwantrao Chavan	 Dr. Lalita Punnya President M.A.M.V.M., Nagpur Associate Prof. & H.O.D. Dept. of Physical Education Dept. of Physical Education Tatyasaheb Kore College, Nagpur	 Dr. Subhash Dhadhe Asst. Prof. Dept. of Physical Education Dharamrao National College, Nagpur	 Dr. Leena Bire- Kalmegh MBBS, MD Director, Sardar Patel Hospital & Research Institute Ganpatrao IYF & Nagpur

Commemoration of 26th Death Anniversary of Late Matoshree Anjanabai Meshram

Online 1 month certificate course in "Yoga and Meditation"

Organized by
MATOSHREE ANJANABAI BAHUUDRESHYA MANILA VIKAS MANDAL, NAGP

Time :- 6:00-6:30 Er. Sanjay Khonde Topic: Yoga Practice
Time :- 6:30-7:00 Dr. Subhash Dhadhe Topic : Breast Cancer Awareness

Date:- 18/02/2021

 Dr. Vandana Ingole Secretary, M.A.M.V.M., Nagpur	 Dr. Sanjay Khonde International Yoga Expert	 Dr. Subhash Dhadhe Associate Professor, Dharamrao National College, Nagpur
--	---	--



Yoga Certificate

20 issues - Streamed @ hour 9:00





Life skill based program As per Template No. 71	
Name of the capacity development and skills enhancement program	Workshop on Bag making training
Date of implementation	8-3-2022 to 10-3-2022
Number of students enrolled	24
Name of the agencies/consultants involved with contact details	Department of Home Economics, Yashoda Girls Arts & Commerce College.
Proof attached as under	



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Bag Making Workshop

Date: 8, 9 & 10 March 2022

Number of Students Participated: 18 Students



यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज स्नेह नगर, नागपूर



दिनांक
०८, ०९, १०
मार्च
२०२२

सांस्कृतिक विभाग आणि गृह-अर्थशास्त्र विभाग
यांच्या संयुक्त विद्यमाने आयोजित
बॅग मेकिंग कार्यशाळा

वेळ
सकाळी
१०:०० ते
दुपारी १२:००



परीक्षक

डॉ रेखा झोटिंग, गृह-अर्थशास्त्र विभाग
यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज नागपूर

मार्गदर्शक
श्रीमती अलका मोकाशी
नागपूर

संपर्क

डॉ विजया बनकर
यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज नागपूर



अध्यक्ष

डॉ धनराज शेटे, प्राचार्य
यशोदा गर्ल्स आर्ट्स अँड कॉमर्स कॉलेज, नागपूर

Notice

सूचना

महाविद्यालयातील विद्यार्थीनींना सूचित करण्यात येत आहे की सांस्कृतिक विभाग व गृहअर्थशास्त्र विभाग यांच्या संयुक्त विद्यमाने आयोजित 'बॅग मेकिंग' कार्यशाळा घेण्यात येत आहे. तरी विद्यार्थीनींनी सदर कार्यशाळेत प्रशिक्षणाकरीता व्हावे.

मार्गदर्शक :- श्रीमती अलका मोकाशी

दिनांक :- ०८.०३.२०२२ ते १०.३.२०२२

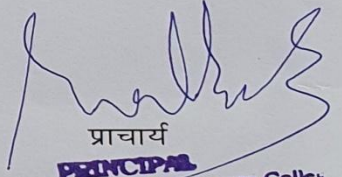
वेळ :- सकाळी १०.०० ते १२.००

स्थळ :- गृहअर्थशास्त्र प्रयोगशाळा

संपर्क :- डॉ. विजया बनकर

डॉ. रेखा झोटिंग




प्राचार्य
PRINCIPAL
Yashoda Girls Arts & Commerce College,
Nashik, Nagpur-15

Report



Report

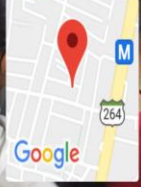
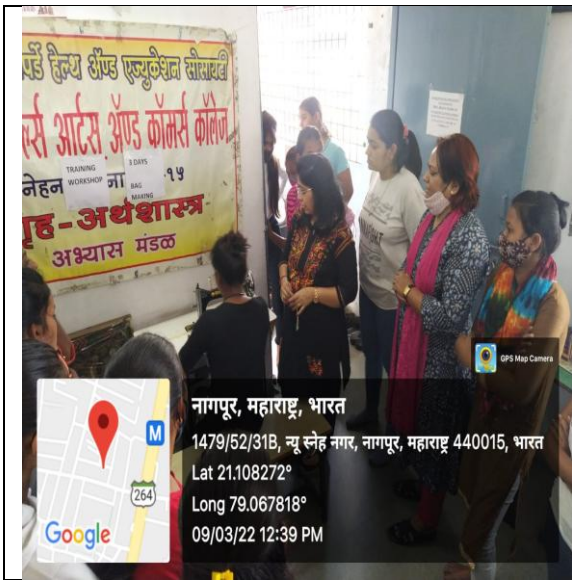
(Skill Development Workshop on Bag Making)

The department of Home Economics and Sanskrutik department has organised Skill Development Workshop on Bag Making for 3 days from 08/03/2022 to 10/03/2022. The aim of the workshop was to indulge students the habit of recycling by teaching them how to make paper bags and making them aware about the threat of plastic bags to the environment. The students were taught how to make paper bags from recycled paper. The students were quite passionate and explore activity to give a new dimension to the creativity and their art of making the paper bags more attractive. The resource person Smt. Alka Mokashi showcased creativity in the form of exciting and many more designs. The students enjoyed the art of quelling session. The workshop was participated by 18 students which was a great success with positive remarks from both students and teachers.

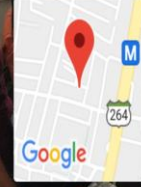

Co-ordinator, IQAC
Yashoda Girls' Arts &
Commerce College, Nagpur




PRINCIPAL
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur - 15



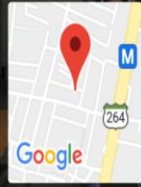
नागपूर, महाराष्ट्र, भारत
1479/52/31B, न्यू स्नेह नगर, नागपूर, महाराष्ट्र 440015, भारत
Lat 21.108272°
Long 79.067818°
09/03/22 12:39 PM



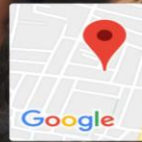
नागपूर, महाराष्ट्र, भारत
1479/52/31B, न्यू स्नेह नगर, नागपूर, महाराष्ट्र 440015, भारत
Lat 21.108281°
Long 79.067812°
09/03/22 12:31 PM



नागपूर, महाराष्ट्र, भारत
1479/52/31B, न्यू स्नेह नगर, नागपूर, महाराष्ट्र 440015, भारत
Lat 21.108278°
Long 79.067816°
09/03/22 12:31 PM



नागपूर, महाराष्ट्र, भारत
1479/52/31B, न्यू स्नेह नगर, नागपूर, महाराष्ट्र 440015, भारत
Lat 21.108281°
Long 79.067812°
09/03/22 12:31 PM



नागपूर, महाराष्ट्र, भारत
1479/52/31B, न्यू स्नेह नगर, नागपूर, महाराष्ट्र 440015, भारत
Lat 21.108273°
Long 79.067816°
09/03/22 12:39 PM