

YASHODA GIRL'S ARTS AND COMMERCE COLLEGE, NAGPUR



Department of Sports & Physical Education

Sports Activity

Supporting Documents 2021-2022

5.3.2 : Sports and cultural activities in which the students of the institution have participated in the last five years (Organized by the institution/other institutions)

Sports Activities- 2021-2022

(Organized by the Institution/Other Institutions)



Purushottam Khaparde Health & Education Society's

Accredited
B++
by NAAC

Yashoda Girls' Arts & Commerce College, Nagpur

■ Recognized by Government of Maharashtra ■ Affiliated to RTM Nagpur University, Nagpur
SNEH NAGAR, WARDHA ROAD, NAGPUR - 440 015. (M.S.) INDIA

■ Tel. : 0712-2290637 ■ Fax No.: 0712- 2290368 ■ Website : www.yashodagirlscollege.edu.in ■ Email : ygc.ngp@rediffmail.com

YGC No./

Date

5.3.2 Details of the Sports Activities/ Competitions organized by the institution/ other institutions in which the students of the college participated.

Sports- Session 2021-2022

Sr. No.	Details of the cultural event/ activity/Competition	Date From---to	Organized by the institution/other institution
1	Online Yoga Training Program on International Yoga Day	21/6/2021	Organized by the institution
2	Online Health Awareness Program on International Yoga Day	29/8/2021	Organized by the institution
3	Aerobics Exercise Training program	25/10/2021 to 27/10/2021	Organized by the institution
4	Pre-Police Recruitment Training Program	15/11/2021 to 18/11/2021	Organized by the institution
5	Karate Training Program	2/12/2021 to 4/12/2021	Organized by the institution
6	Inter-collegiate Badminton University Team Selection competition organized by RTM Nagpur University	6/12/2021	Organized by the institution
7	Inter-collegiate Athletics Tournament organized by RTM Nagpur University	12/12/2021 to 16/12/2021	other institution
8	Kabaddi Training program	16/12/2021 to 18/12/2021	other institution
9	Soft Ball Training program	6/1/2022 to 8/1/2022	Organized by the institution
10	Participation in 75 CroreSuryanamaskar Training Program	1/2/2022 to 7/2/2022	Organized by the institution
11	Inter-collegiate Net Ball University Team Selection competition organized by RTM Nagpur University	7/3/2022	Organized by the institution
12	Inter-collegiate Korf Ball University Team Selection competition organized by RTM Nagpur University	12/3/2022 to 13/3/2022	other institution
13	Inter-collegiate Rugby University Team Selection-competition organized by RTM Nagpur University	5/4/2022	other institution
14	Inter University Rugby Championship organized at Mumbai University	12/4/2022 to 15/4/2022	other institution



PRINCIPAL
Yashoda Girls Arts & Commerce College,
Sneh Nagar, Nagpur-15

Online Yoga training Program on International Yoga Day

Date: 21 June, 2021

Number of Teachers Participated: 9

Number of Students Participated: 41 Students

(Circular/Notice of the program)

Report of the event

शनीवार दिनांक १२/०६/२०२१

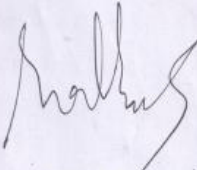
NOTICE

आंतरराष्ट्रीय योग दिन

महाविद्यालयातील सर्व प्राध्यापकांना व विद्यार्थीनींना सूचित करण्यात येते कि, शारीरिक शिक्षण विभाग व राष्ट्रीय सेवा योजना विभाग तर्फे सोमवार दिनांक २१/०६/२०२१ रोजी आंतरराष्ट्रीय योग दिनानिमित्त सकाळी ८.०० वाजता online कार्यक्रमाचे आयोजन केलेले आहे. लिंक गुप वर पाठवण्यात येईल.

या कार्यक्रमाला online उपस्थिती अनिवार्य आहे.

मार्गदर्शक : डॉ. सौरभ मोहोड
योगतज्ञ
नागपूर.


PRINCIPAL
Yashwantrao Chavan Arts & Commerce College
Ranch Nager, Nagpur-15

राष्ट्रीय सेवा योजना समिती सदस्य
डॉ. ललिता पुत्रया
डॉ. प्रकाश सोनक
डॉ. महेंद्र कट्टे

कार्यक्रमाचे नाव : आंतरराष्ट्रीय योग दिन

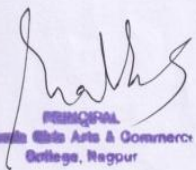
आयोजक : शारीरिक शिक्षण विभाग व राष्ट्रीय सेवा योजना

महाविद्यालयातील शारीरिक शिक्षण विभाग व राष्ट्रीय सेवा योजना विभाग तर्फे सोमवार दिनांक २१/०६/२०२१ रोजी आंतरराष्ट्रीय योग दिनानिमित्त सकाळी ८.०० वाजता online कार्यक्रम आयोजित करण्यात आला. याप्रसंगी डॉ. सौरभ मोहोड, योगतज्ञ नागपूर यांना आमंत्रित करण्यात आले. शारीरिक व मानसिक आरोग्य व्यवस्थीत राहण्याकरिता योग हा सर्वोत्तम उपाय आहे, योग प्राणायाम द्वारे कोरोना महामारी शुद्धा निवृत्त करू शकतो असे मत त्यांनी व्यक्त केले. ध्यानात्मक आसन, शरीर संवर्धनात्मक आसन, विश्रांतिकारक आसन, ओंकार, प्राणायाम याविषयी माहिती दिली. सूर्यनमस्कार, बीज मंत्र, सूर्यनमस्कार च वारा नाव, वारा आसन या विषयी माहिती दिली प्रात्यक्षिक करून दाखविले. व विद्यार्थी, प्राध्यापक, कर्मचारी यांच्याकडून करवून घेतले. निरामय आरोग्यासाठी योगमाधनेला पर्याय नाही. योग, प्राणायामाला आपल्या दैनंदिन जीवनात सामील करा. व नियमित निरंतर त्याचा सराव करा असे मौखिक संदेश त्यांनी दिला.

कार्यक्रमाचे अध्यक्ष डॉ. धनराज शेते सर यांनी योगाचे महत्व समजावून सांगितले. आपल्या धावपळीच्या जीवनात स्वताला निरोगी ठेवण्याकरिता योग, प्राणायाम नियमित करावे असे मार्गदर्शन केले.

याप्रसंगी प्रा. राजेश घोगरे, डॉ. शरद सांबारे, डॉ. प्रमोद फटिंग, डॉ. राववेकर, डॉ. वनकर, व विद्यार्थीनी उपस्थित होते.

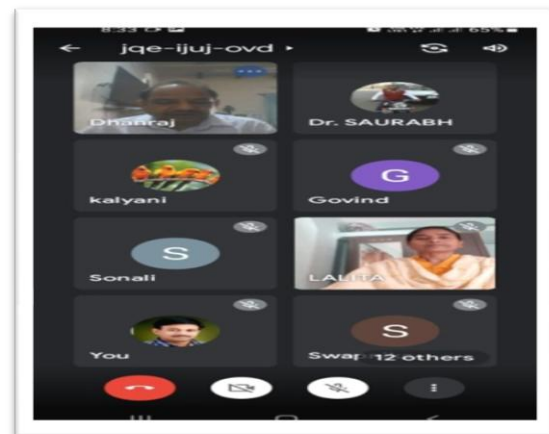
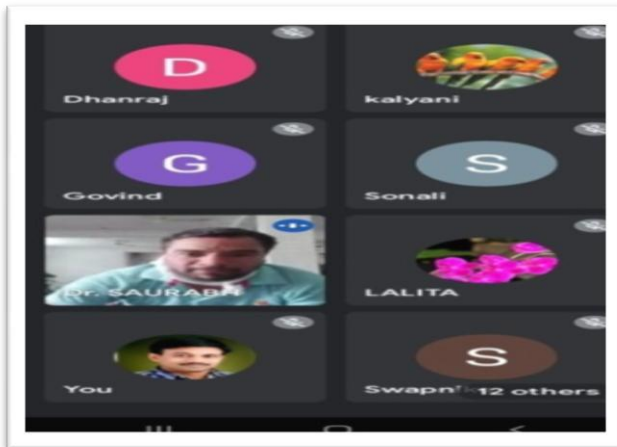
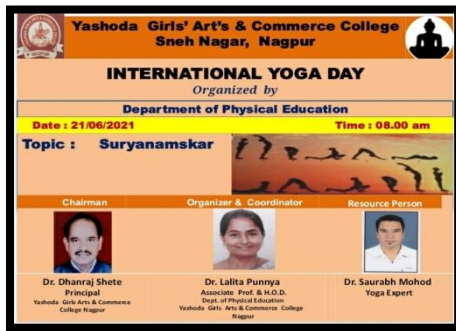
कार्यक्रमाच्या यशस्वीतेकरिता
डॉ. ललिता पुत्रया डॉ. महेंद्र कट्टे यांनी सहकार्य केले.


PRINCIPAL
Yashwantrao Chavan Arts & Commerce College, Nagpur

Online Yoga training Program on International Yoga Day

Date: 21 June, 2021

Photograph of the program



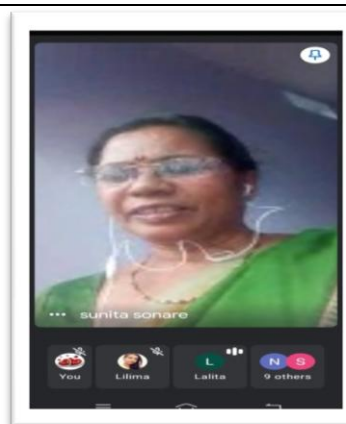
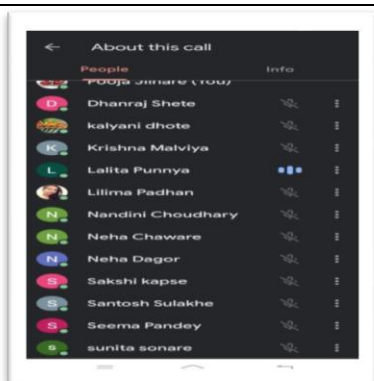
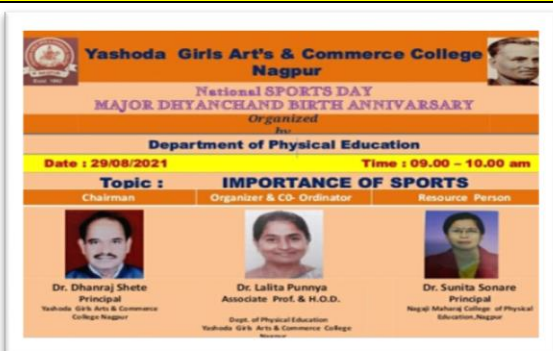
BRIEF REPORT

The International Yoga Day was celebrated in the institution on 21th of June 2021 by the department of physical Education. Dr.Saurabh Mohod was invited as the resource person for providing training of Yoga to the students. He also explained the importance of Yoga exercises and performed yoga exercises before the students. The program was organized in online mode due to the restrictions of corona pandemic situation in the country. Total 41 girls and 09 teachers participated in the program.

Online Health Awareness Program on National Sports Day

Date: 29/01/2021

Photograph of the program



BRIEF REPORT

“National Sports Day” program was organized online on 29/01/2021 by the physical education department of the college. Mrs. Sunita Sonare, Principal of Nagaji Physical Education Institute, was invited. She joined Google meet to guide the students on the topic of “Importance of sports”. She gave information regarding the life and achievements of Hockey wizard, Major Dhyanchand, his interest for hockey game, his dedications and his efforts for having Olympic medal for the country. She, by giving his examples, motivated the students to participate in sports and recognize their inner strength. President of the event Principal of the college, Dr. Dhanraj Shete also guided and motivated students to take part in sports activity and try to be healthy and self confident. 6 teaching staff along with 46 students were present online.



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

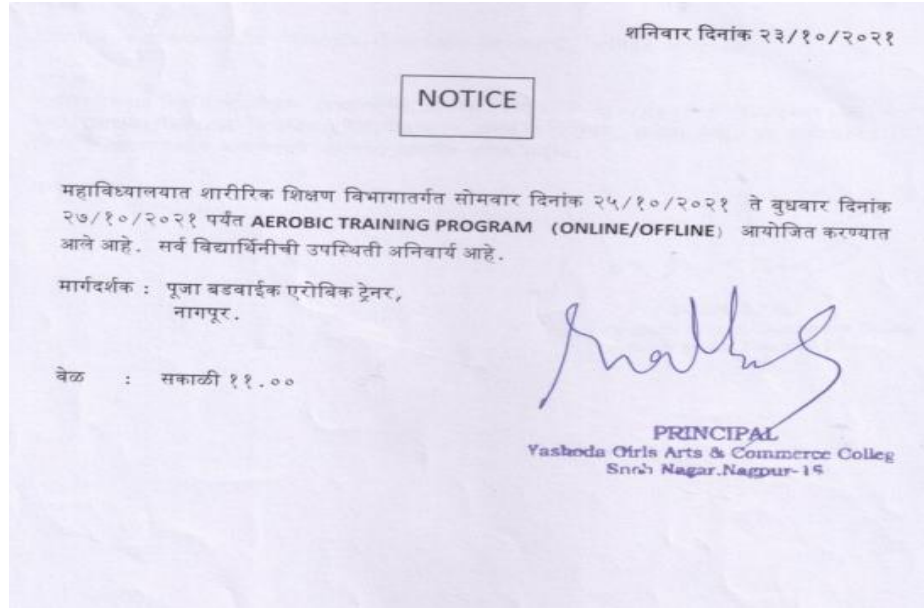
Program on Aerobic training

Date: 25/10/2021 to 27/10/2021

Number of Teachers Participated: 2

Number of Students Participated: 30 Students

(Circular/Notice of the program)



Brief Report

Program on aerobic Training was conducted in college by physical education department from 25/10/2021 to 27/10/2021 in both online and offline mode. An aerobic Trainer, Puja Badvaik, was invited for giving training to the students. She demonstrated the exercises and guided the students about how to maintain health and weight for living healthy life. She explained that the healthy diet, hygiene, proper sleep, stress free mind, these factors are also important. Principal Dr. Dhanraj Shete appreciated her for giving important guidance to the students and encouraged students to learn from her and stay always fit. 2 teachers along with 30 students participated in the training.

Aerobics training program

Date: 25/10/2021 to 27/10/2021

Photograph of the program





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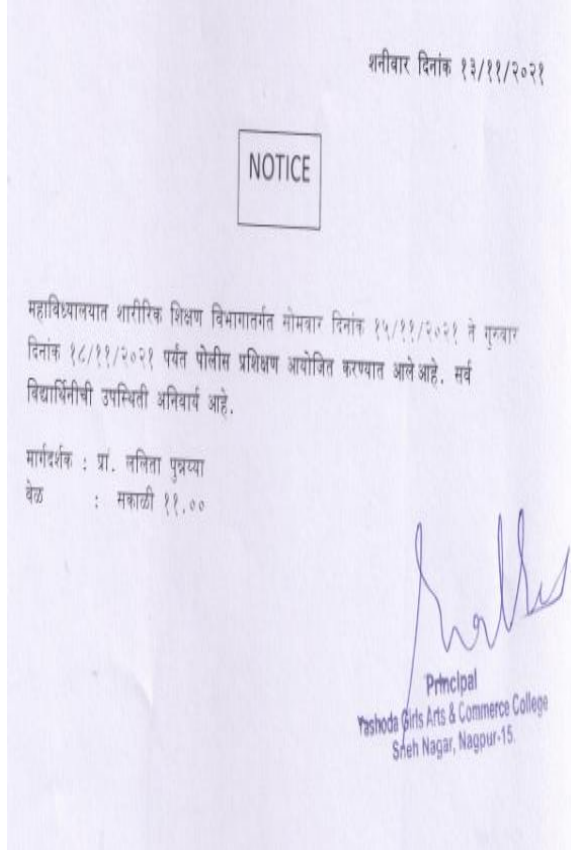
Pre-Police Recruitment training program

Date: 15/11/2021 to 18/11/2021

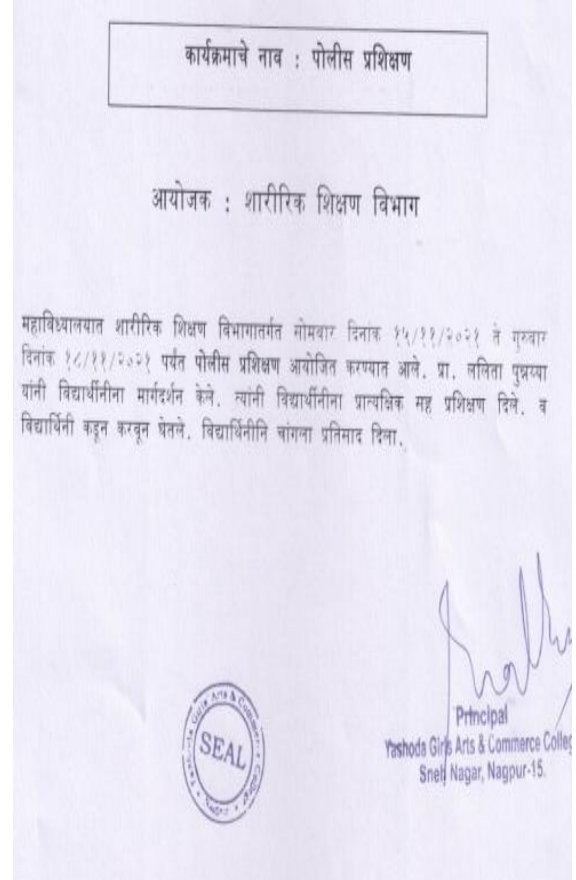
Number of Teachers Participated: 1

Number of Students Participated: 30 Students

(Circular/Notice of the program)



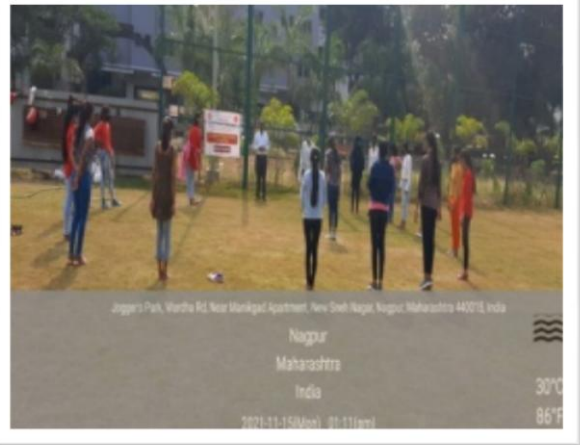
Report of the event



Pre-Police Recruitment training program

Date: 15/11/2021 to 18/11/2021

Photograph of the program

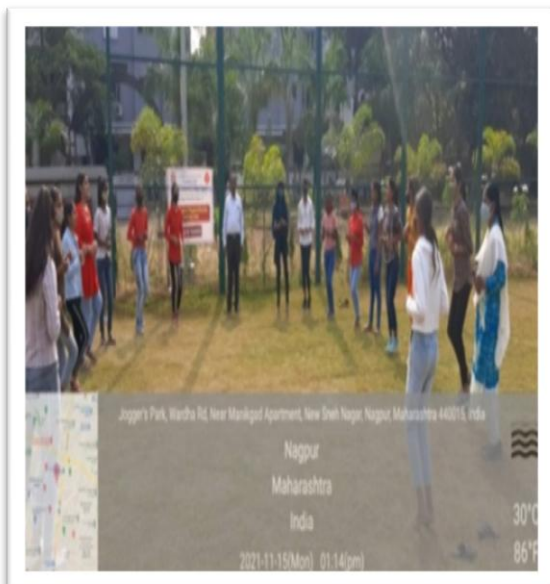


Pre-Police Recruitment training program

Date: 15/11/2021 to 18/11/2021



BRIEF REPORT



Pre-police recruitment training program was organized at the college by the department of physical education from 15/11/2021 to 18/11/2021. 30 students participated in the training program. Head of the physical education department, Dr. Lalita Punayya guided the students about fitness and performed various necessary exercises helpful in police recruitments. Students followed her and performed in front of her. They had been trained for giving physical fitness test.



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Karate training program

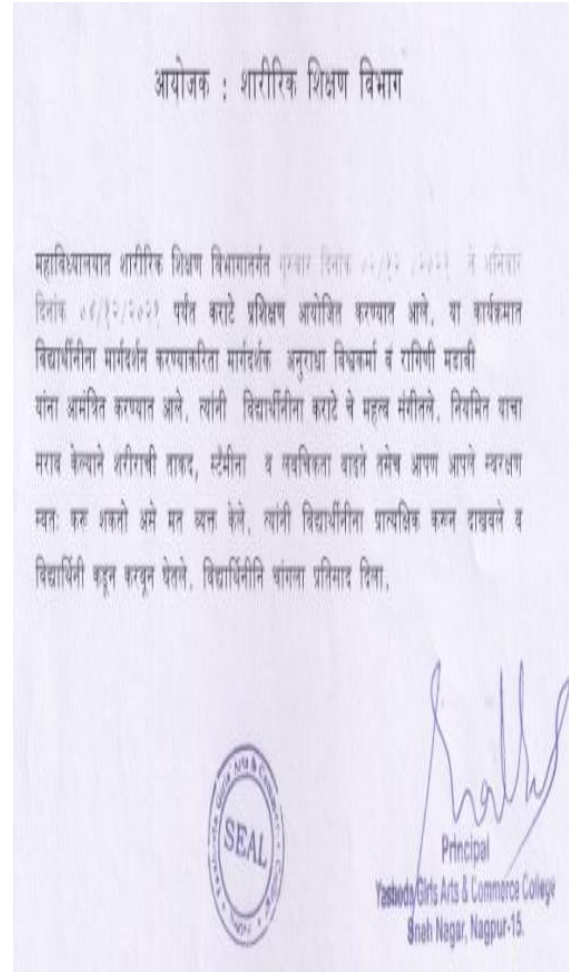
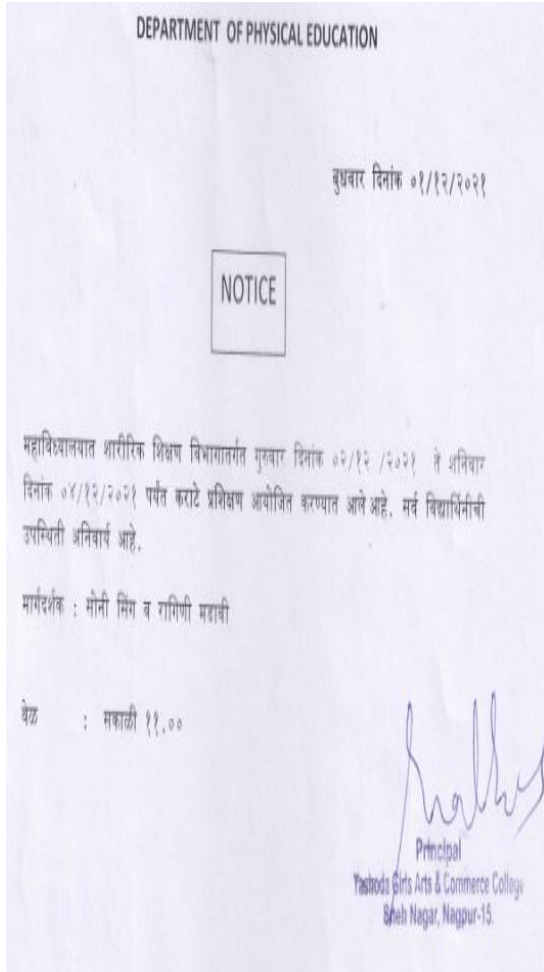
Date: 2/12/2021 to 4/12/2021

Number of Teachers Participated: 1

Number of Students Participated: 35 Students

(Circular/Notice of the program)

Report of the event





Yashoda Girls' Arts & Commerce College

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Sneh Nagar, Wardha Road, Nagpur. 440015

Inter-collegiate Badminton Selection competition organized by RTMNagpur University

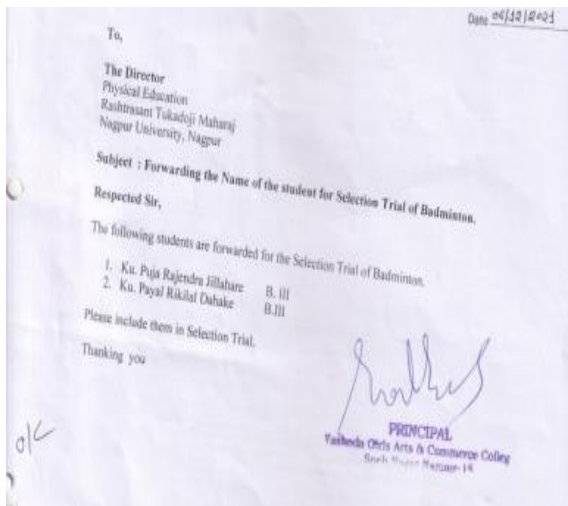
Date: 6/12/2021

Number of Teachers Participated: 1

Number of Students Participated: 02 Students

(Circular/Notice of the program)

BRIEF REPORT



Inter-Collegiate Badminton Selection Competition was organized by RashtraSant Tukadoji Maharaj Nagpur University on 6/12/2021 in which following 2 students from the college participated. Dr. Lalita Punayya helped and guided the students for participating in the competition.

1. Ku. Puja Rajendra Jilhare
2. Ku. Payal Dahate

Eligibility Form

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY
Eligibility Form No. 20 - 21

Selection Trial
Badminton

Sl. No.	Name of the Candidate	Roll No.	Class	Category	Age	Height	Weight	Handedness	Signature	Date
1	Ku. Puja Rajendra Jilhare	2021	B.III	Female	17	155	45	Right		06/12/2021
2	Ku. Payal Rakhal Dahate	2022	B.III	Female	17	150	40	Right		06/12/2021

Principal's Signature: *[Signature]*
Principal's Stamp: Yashoda Girls' Arts & Commerce College, Sneh Nagar, Nagpur-440015



Yashoda Girls' Arts & Commerce College

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Participation in Inter-collegiate Athletics Tournament organized by RTM Nagpur University

Date: 13/12/2021 To 16/12/2021

Number of Teachers Participated: 1

Number of Students Participated: 02 Students

Circular of the University

क्रीडा व शारीरिक शिक्षण विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ

(सेंट्रल प्रोव्हिन्स डायन इलक्षण विभागाची अधिसूचना क्रमांक ११३ दिनांक १ ऑगस्ट १९६३ - डाटा स्थानिय व मातंगण्ट सांस्कृतिक विद्यापीठ
अधिनियम २०१६ (सन २०१७ या मातंगण्ट विद्यापीठ अधिनियम क्रमांक ६) डाटा संस्थानीय विद्यापीठ)

डॉ. शरद सुर्यवंशी
संचालक

आर.पी.डी. कक्षासंगणक परिसर,
संजय चौक, अमरावती रोड, नागपूर

दुरध्वनी क्रमांक ०७१२-२५३२६५६ / ५८५०३०३१५८, E-mail : departnmu@yahoo.in

जावक क्र. क्रीडाशिवि/अं.महा.स्पर्धा/२०२१-२०२२/६३८ दिनांक ०३.१२.२०२१

प्रति,
मा. प्राचार्य/विभाग प्रमुख
संचालित व संस्थानीय महाविद्यालये आणि फॅकल्टीयलर शैक्षणिक विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ

विषय : आंतर महाविद्यालयीन मैदानी स्पर्धा (पुरुष/महिला) अजिंक्यपट स्पर्धा २०२१-२०२२

संदर्भ : ०१) आमचे कार्यालयीन पत्र क्र. क्रीडाशिवि/अं.महा.स्पर्धा/२०२१-२२/५८३ दिनांक ०६.११.२०२१
०२) क्रीडा व शारीरिक शिक्षण विभागाने आंतर महाविद्यालयीन क्रीडा स्पर्धा निवड पात्रताये वेळापत्रक

खेले इंडिया युनिव्हर्सिटी गेम्स २०२१-२०२२ मध्ये समाविष्ट असलेल्या क्रीडा प्रकारांमध्ये विद्यापीठाचा रांग आंतर विद्यापीठ स्पर्धा साठी पाठविण्याच्या दृष्टीने कोव्हॉइड-१९ चे गाउनेभूमीवर निर्धारित केलेल्या आंतर महाविद्यालयीन स्पर्धा व थेट निवड पात्रताये ३ ते १९ डिसेंबर २०२१ या कालावधीत आयोजित करावयात आल्या आहेत

आंतर महाविद्यालयीन मैदानी स्पर्धा (पुरुष/महिला) अजिंक्यपट स्पर्धा संविन्वर वेळापत्रक खालील प्रमाणे आहे.

➤ स्पर्धा कालावधी	: १३ ते १६ डिसेंबर २०२१
➤ स्पर्धा स्थळ	: विभागीय क्रीडा संकुल, मानकापुर, नागपूर
➤ खेळाडूंचे उपस्थितीची तारीख व वेळ	: १३ डिसेंबर २०२१ रोजी सकाळी ९.०० वाजता
➤ स्पर्धा प्रमुख	: डॉ. संजय चौधरी श्री विद्यापीठ विद्यापीठ महाविद्यालय, नागपूर भ्रमणध्वनी क्र. ९६२३६०३८५२ ई-मेल : choudharsanjay973@gmail.com
➤ स्पर्धा सचिव	: डॉ. आदित्य सोनी वसंतराव नाईक शारीरिक शिक्षण महाविद्यालय, नागपूर भ्रमणध्वनी क्र. 8999294315
➤ स्पर्धा प्रवेशिकेचे अंतिम तारीख	: ११.१२.२०२१
➤ व्यवस्थापकीय सभा	: १२.१२.२०२१ रोजी ८.०० वाजता विद्यापीठाचे वॉर्मिंगरूम मैदानावर, नागपूर
➤ स्पर्धा प्रवेशिकेचे प्रारूप सोबत जोडलेले आहे.	
➤ खेळाडूंनी उपस्थितीचे वेळी सादर करावयाची कागदपत्रे	

अ) कोव्हॉइड -१९ लक्षीकरण प्रमाणपत्र
ब) आर.पी.डी.सी.आर अहवाल
क) १०व्या वर्गाचे प्रमाणपत्र आणि गुणपत्रीक
ड) १०व्या वर्गाचे प्रमाणपत्र आणि गुणपत्रीक
इ) मागील इलक्षण परिक्षेची गुणपत्रीक
फ) आपण कार्ड
ग) महाविद्यालयाने ओळख पत्र
ड) इस्वीव
ए) वैयक्तिक प्रमाणपत्र

संचालक
क्रीडा व शारीरिक शिक्षण विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ, नागपूर

प्रतिबिंबी —
०१-सर्व संस्थांनी महाविद्यालयाचे सन्मानिय प्राचार्य
०२-डॉ. संजय चौधरी (स्पर्धा प्रमुख), आंतर महाविद्यालयीन मैदानी स्पर्धा (पुरुष/महिला) अजिंक्यपट स्पर्धा २०२१-२२ याची आवश्यक कार्यावली
करायची
०३-मा. प्राचार्य, श्री विद्यापीठ विद्यापीठ महाविद्यालय, नागपूर यादर विद्येची को. स्थानी डॉ. संजय चौधरी यांच्यासकट जिल्हा स्तरावर करून घ्यावयात
०४-मा. अध्यक्ष, विद्यापीठ रांग निवड समिती २०२१-२२ याचा अध्यक्षक कार्यावलीसकट अहवाल
०५-सर्व सन्मानिय सदस्य, विद्यापीठ रांग निवड समिती २०२१-२२ याचा अध्यक्षक कार्यावलीसकट अहवाल
०६-तारीख संचालक, श्री वसंतराव नाईक, के. डी. पवार शारीरिक शिक्षण महाविद्यालय सांस्कृतिक विद्यापीठ, नागपूर याचा संचालकसकट अहवाल
०७-श्री. सुनिल पावडे, (एकजीए वेतन कर्मचारी) क्रीडा व शारीरिक शिक्षण विभाग, राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ, नागपूर याचा
अध्यक्षक कार्यावली संचालक
०८-सर्व संस्थासकट सन्मानिय क्रीडा संचालक यांचा विषयी को. स्थानी आपले लेखपत्रपत्र संचालक यांचा स्पर्धाची विवरण माहिती देवून घ्यावयाचे
करायचे.

Inter-collegiate Athletics Tournament organized by RTM Nagpur University

Date: 13/12/2021 To 16/12/2021

Eligibility Form

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY
Players' Eligibility Form 2021-2022

COLLEGE: YASHODA GIRLS ARTS & COMMERCE COLLEGE ASHOLETA

Sl. No.	Player's Name	Date of Birth	Year of Study at the College at the time of entering	Class in which studying	Date of Birth of Mother	Date of Birth of Father	Date of Birth of Grandmother	Date of Birth of Grandfather	Date of Birth of Great-grandmother	Date of Birth of Great-grandfather	Participation in State/ National/ International level		Participation in State/ National/ International level		
											Year	Event	Year	Event	
01	<u>VAISHNAVI CHANDANRAO SHIRKE</u>	<u>23-04-2000</u>	<u>B. A. B</u>	<u>10-9-20</u>	<u>10-9-20</u>	<u>2-9-21</u>	<u>1-9-21</u>	<u>1-9-21</u>	<u>1-9-21</u>	<u>1-9-21</u>	<u>RA-3-2021</u>				
02	<u>CHAKALI YOGESH BOBDE</u>	<u>26-04-2001</u>	<u>B. A. B</u>	<u>12-12-20</u>	<u>20-9-21</u>	<u>20-9-21</u>	<u>2-9-21</u>	<u>2-9-21</u>	<u>2-9-21</u>	<u>2-9-21</u>	<u>12-20</u>	<u>2021</u>			

Handwritten notes on the left: o/c, 10/12, 11/12, 12/12, 13/12, 14/12, 15/12, 16/12, 17/12, 18/12, 19/12, 20/12, 21/12, 22/12, 23/12, 24/12, 25/12, 26/12, 27/12, 28/12, 29/12, 30/12, 31/12.

Signatures: Head of Department (Physical Education & Sports) and Principal (Yashoda Girls Arts & Commerce College, Asholeta, Nagpur-46).

Eligibility Form

DEPARTMENT OF SPORTS & PHYSICAL EDUCATION
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY NAGPUR
WOMEN DETAILS ENTRY

NAME OF COLLEGE: _____

Name	100 Mtrs	200 Mtrs	400 Mtrs	800 Mtrs	1500 Mtrs	5000 Mtrs	10000 Mtrs	100 Mtrs hurdles	400 Mtrs hurdles	800 Mtrs hurdles	1000 Mtrs hurdles	100 Mtrs	200 Mtrs	400 Mtrs	800 Mtrs	1500 Mtrs	5000 Mtrs	10000 Mtrs	100 Mtrs hurdles	400 Mtrs hurdles	800 Mtrs hurdles	1000 Mtrs hurdles	100 Mtrs	200 Mtrs	400 Mtrs	800 Mtrs	1500 Mtrs	5000 Mtrs	10000 Mtrs	
<u>VAISHNAVI CHANDANRAO SHIRKE</u>																														
<u>CHAKALI YOGESH BOBDE</u>																														

NOTE -

- PLEASE MARK REGULAR ATHLETE AS (R) SUBSTITUTE (S)
- EACH COLLEGE CAN GIVE TWO ENTRIES AND ONE SUBSTITUTE FOR EACH EVENT
- EACH ATHLETE CAN PARTICIPATE FOR A MAXIMUM OF TWO EVENTS EXCLUDING RELAY RACES.

Signatures: Head of Department (Sports & Physical Education) and Principal (Yashoda Girls Arts & Commerce College, Asholeta, Nagpur-46).



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Kabaddi Training program

Date: 16/12/2021 To 18/12/2021

Number of Teachers Participated: 01

Number of Students Participated: 25 Students

(Circular/Notice of the program)


DEPARTMENT OF PHYSICAL EDUCATION

बुधवार दिनांक १५/१२/२०२१

NOTICE

महाविद्यालयात शारीरिक शिक्षण विभागातर्गत गुरुवार दिनांक १६/१२/२०२१ ते शनिवार दिनांक १८/१२/२०२१ पर्यंत कबड्डी प्रशिक्षण आयोजित करण्यात आले आहे. विद्यार्थिनींची उपस्थिती अनिवार्य आहे.

मार्गदर्शक : प्रा. ललिता पुन्नय्या
वेळ : सकाळी ११.००


Principal
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15.

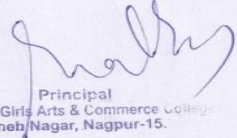
Report of the event

कार्यक्रमाचे नाव : कबड्डी प्रशिक्षण

आयोजक : शारीरिक शिक्षण विभाग

महाविद्यालयात शारीरिक शिक्षण विभागातर्गत गुरुवार दिनांक १६/१२/२०२१ ते शनिवार दिनांक १८/१२/२०२१ पर्यंत कबड्डी प्रशिक्षण आयोजित करण्यात आले. प्रा. ललिता पुन्नय्या यांनी विद्यार्थिनींना मार्गदर्शन केले. त्यांनी विद्यार्थिनींना प्रात्यक्षिक मह प्रशिक्षण दिले. व विद्यार्थिनी कडून करवून घेतले. विद्यार्थिनींनी चांगला प्रतिसाद दिला.




Principal
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15.

Kabaddi Training program

Date: 16/12/2021 To 18/12/2021

Photograph of the program





Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

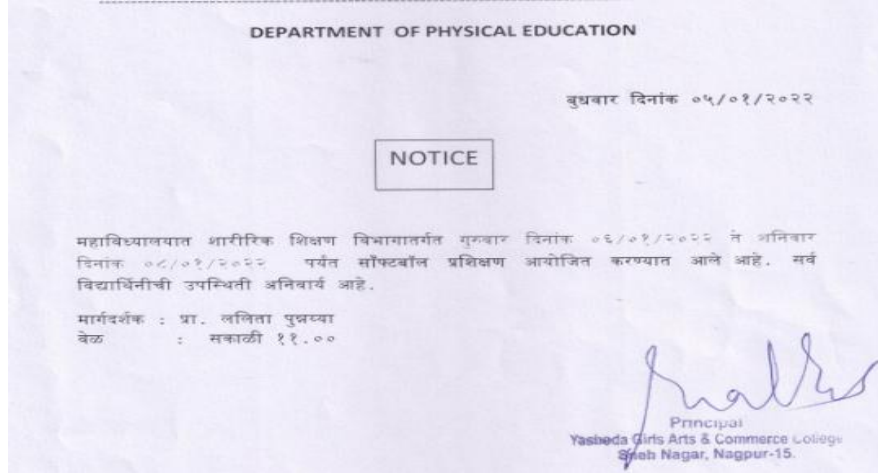
Soft ball Training program

Date: 06/01/2022 to 08/01/2022

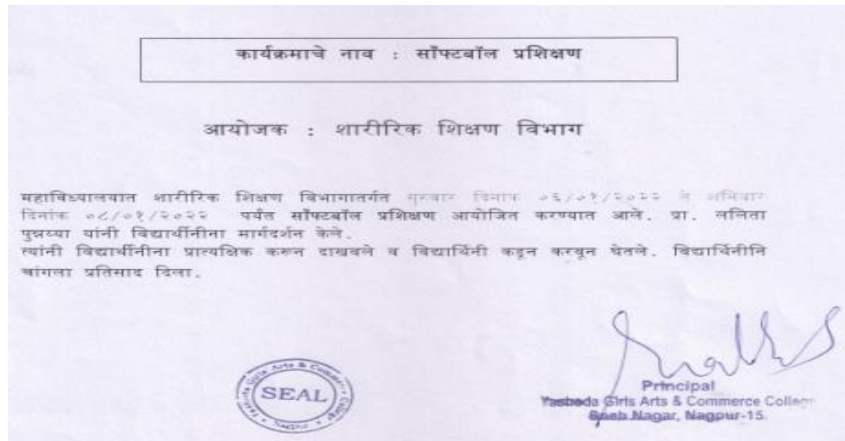
Number of Teachers Participated: 01

Number of Students Participated: 30 Students

(Circular/Notice of the program)



Report of the event



Soft ball Training program

Date: 06/01/2022 to 08/01/2022

Photograph of the program





Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Participation in 75 crore SURYA NAMASKAR Program

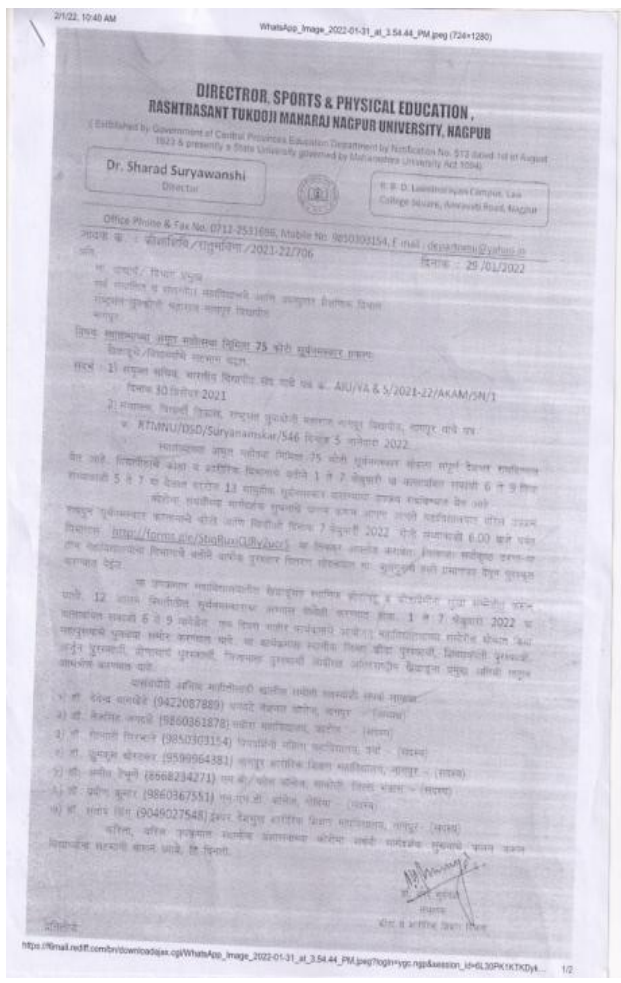
Date: 01/02/2022 to 07/02/2022

Number of Teachers Participated: 01

Number of Students Participated: 20 Students

Circular of the University

BRIEF REPORT



Physical Education Department of Rashtra Sant Tukadoji Maharaj Nagpur organized "75 crore Surya Namaskar" program from 01/02/2022 to 07/02/2022. 20 students from the college participated in the program. Head of physical Education Department of the College, Prof. Lalita Punayya trained the students to do Surya Namaskar. She explained the students, benefits of doing it and the correct method of doing Surya Namaskar. Students followed her and performed. Principal Dr. Dhanraj Shete appreciated and motivated students.

Participation in 75 crore SURYA NAMASKAR Program

Date: 01/02/2022 to 07/02/2022

(Circular/Notice of the program)

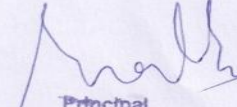
DEPARTMENT OF PHYSICAL EDUCATION

सोमवार दिनांक ३१/०१/२०२२

NOTICE

महाविद्यालयात शारीरिक शिक्षण विभागातर्गत मंगळवार दिनांक ०१/०२/२०२२ ते सोमवार दिनांक ०७/०२/२०२२ पर्यंत सूर्यनमस्कार प्रशिक्षण आयोजित करण्यात आले आहे. विद्यार्थिनींची उपस्थिती अनिवार्य आहे.

मार्गदर्शक : प्रा. ललिता पुन्नय्या
वेळ : सकाळी ११.००


Principal
Yashoda Girls Arts & Commerce College
Sheh Nagar, Nagpur-15

Report of the event

कार्यक्रमाचे नाव : सूर्यनमस्कार प्रशिक्षण

आयोजक : शारीरिक शिक्षण विभाग

महाविद्यालयात शारीरिक शिक्षण विभागातर्गत मंगळवार दिनांक ०१/०२/२०२२ ते सोमवार दिनांक ०७/०२/२०२२ पर्यंत सूर्यनमस्कार प्रशिक्षण आयोजित करण्यात आले. प्रा. ललिता पुन्नय्या यांनी विद्यार्थिनींना मार्गदर्शन केले. त्यांनी विद्यार्थिनींना प्रात्यक्षिक सह प्रशिक्षण दिले. व विद्यार्थिनी कडून करवून घेतले. विद्यार्थिनींनी चांगला प्रतिसाद दिला.




PRINCIPAL
Yashoda Girls Arts & Commerce College
Sheh Nagar, Nagpur-15

Participation in 75 crore SURYA NAMASKAR Program

Date: 01/02/2022 to 07/02/2022

Photograph of the program





Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Inter-collegiate Net ball Selection competition organized by RTM Nagpur University

Date: 07/03/2022

Number of Teachers Participated: 01

Number of Students Participated: 02 Students

(Circular/Notice of the program)

Purushottam Khaparde Health & Education Society's
Accredited B++ by NAAC

Yashoda Girls' Arts & Commerce College, Nagpur
Recognized by Government of Maharashtra Affiliated to RTM Nagpur University, Nagpur
SNEH NAGAR, WARDHA ROAD, NAGPUR - 440 015, (M.S.) INDIA
Tel. : 0712-2290637 Fax No. : 0712- 2290368 Website : www.yashodagirlscollege.edu.in Email : ygc.ngp@rediffmail.com

YGC No./ 2021-22 Date 07/03/2022

To,
The Director
Physical Education
Rashtrasant Tukadoji Maharaj
Nagpur University, Nagpur.

Subject : Forwarding the Name of Selection
Trial of Netball.

Respected Sir,
The following students are forwarded for
the Selection Trial of Netball.

1. Ms. Chakuli Mahadev Gedam B.A. III
2. Ms. Pooja Rajendra Jilkhase B.A. III

Please include them in Selection Trial.
Thanking you.

[Signature]
Principal
Yashoda Girls Arts & Commerce College
Sneh Nagar, Nagpur-15

Inter-collegiate Net ball Selection competition organized by

RTMNagpur University

Date: 07/03/2022

Eligibility Form

Selection Ticket

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY
Players' Eligibility Form 2021-2022.

COLLEGE: YASHODA GIRLS' ARTS & COMMERCE COLLEGE, SASH NAGAR, NAGPUR GAME: NETBALL MEN/WOMEN: WOMEN

Sl. No.	FULL NAME			Enrollment No.	Date of Birth	Year of Passing of All Class or Equivalent Exam	Class to which sending	Date & Year of first admission to the University	Date & Year of first admission to Present Course	Date & Year of first admission to Present Class	Medium of Present Course	Year & Year of last Examination Passed	Number of Years of previous participation while pursuing Undergraduate Course	Number of Years of previous participation while pursuing Post Graduate Course	Number of Years of previous participation while pursuing M.Phil/Ph.D. etc. in any	Age of Candidate	
	Name	Fathers Name	Surname														
01	CHAKULI MAHABEV		GEDARA	AD20204 S16043	15/10/2019	2019	B.A. III	2-7-19	2-7-19	2-7-19	5 Year	B.A. II	2021	✓			
02	PONJA RAJENDRA		SILLHARE	2682020 S16043	25/3/2020	2019	B.A. III	5-7-19	5-7-19	5-7-19	5 Year	B.A. II	2021	✓			
03																	
04																	
05																	
06																	
07																	
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09																	
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11																	
12																	
13																	
14																	
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16																	
17																	
18																	
19																	
20																	

Received
Lalita Punayya

N.B. :- (i) If the Player's Eligibility Form for a Tournament is not received from College, only filled in within the prescribed period, the College must be liable to be debarred from participating in that Tournament.
(ii) Incomplete information regarding an athlete will prevent him from participating in the University Tournament.
(iii) Names of the Player which are forwarded by the College to the Player's Eligibility Form are not valid before the commencement of the Tournament and will only be accepted.
(iv) The birth date of a Player must be according to the Identification Certificate. His other proof will be accepted as valid for the eligibility of a Player.
(v) B - Reserve Players, C - Captain Last date of entering the form is _____

This is to certify that the above mentioned athletes are eligible to participate in the University Tournament of 2022, as per rules.

Head of the Department
Physical Education & Sports
Dr. Lalita Punayya
Associate Professor & HOD
Physical Education
Yashoda Girls Arts & Comm.

Forwarded to the Director, Physical Education,
Rashtrasant Tukadoji Maharaj
Nagpur University, with reference to his
Memo No. 5732/ Date: _____

Principal
Yashoda Girls Arts & Commerce Coll
Sash Nagar, Nagpur-15

BRIEF REPORT

Inter- Collegiate Net ball selection Competition was organized by the physical Education Department of Rashtrasant Tukadoji Maharaj Nagpur University on 07/03/2022. Two students from Yashoda Girls' College participated in the competition. Head of Physical Education Department Prof. Lalita Punayya guided and motivated students for participating in the competition.



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Inter-collegiate Korf ball Selection Trial organized by RTM Nagpur University

Date: 12/03/2022 To 13/03/2022

Number of Teachers Participated: 01

Number of Students Participated: 02 Students

Circular of the University

(Circular/Notice of the program)

क्रिडा व शारीरिक शिक्षण विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ

(सेलुल प्रेसिडेंट श्रवण विभाग अतिथुलना क्रमांक ११३ दिनांक १ ऑगस्ट १९२२ - द्वारा स्थापित व महाराष्ट्र सर्वोच्च निकाय अतिथुलना २०१६ (सन २०१६ या महाराष्ट्र विद्यार्थी अतिथुलना क्रमांक ६) द्वारा संचालित विद्यार्थी)

डॉ. शरद सुर्यवंशी
संचालक

आर.टी.टी. लक्ष्मीबाय वॉल, वॉच नगर, अमरावती रोड, नागपूर

तुळुवनी क्रमांक: ०५८२-२५३२६९६ / ९८५०३३२५४, E-mail: departnmu@yahoo.in

जावक क्र. क्रिशाशिधि/अ.महा.सर्वा/२०२१-२०२२/७९७ दिनांक २८.०२.२०२२

प्रति,
मा. प्राचार्य/विभाग प्रमुख
संचालित व संलग्नित महाविद्यालये आणि परव्युलन शैक्षणिक विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ
विभाग : आंतर महाविद्यालयीन कॉर्फबॉल मिक्स (पुरुष/महिला) निवड पायली २०२१-२०२२
संदर्भ : १) आमचे कार्यवाही पत्र क्र. क्रिशाशिधि/अ.महा.सर्वा/२०२१-२०२२/५८३ दिनांक २६.११.२०२१
२) आमचे कार्यवाही पत्र क्र. क्रिशाशिधि/अ.महा.सर्वा/२०२१-२०२२/५९६ दिनांक ०६.०१.२०२२

विद्यार्थीवर्ग कुले पुणे विद्यापीठ, पुणे येथे २० ते २४ मार्च २०२२ दरम्यान होणा-या अखिल भारतीय आंतर विद्यापीठ कॉर्फबॉल स्पर्धेसाठी विद्यार्थी संघाची निवड करण्यासाठी कोविड-१९ चे पारदर्शनीय निर्धारित केलेल्या आंतर महाविद्यालयीन निवड पायलीचे वेळापत्रक खालील प्रमाणे आहे.

➤ निवड पायली करारवणी	: १२ व १३ मार्च २०२२
➤ स्टांड	: देवाजी खुर्दे कॉलेज ऑफ फिजीकल एज्युकेशन, मोदिवा
➤ खेळाट्या उपस्थितीची तारीख व वेळ	: १२ मार्च २०२२ रोजी सकाळी ९.०० वाजता
➤ निवड पायली प्रमुख	: प्राचार्य डॉ. अमिता कुर्दे देवाजी खुर्दे कॉलेज ऑफ फिजीकल एज्युकेशन, मोदिवा अमरावती रोड १५०३२१३४६४ ई-मेल : dbmgondia@rediffmail.com

➤ खेळाट्या उपस्थितीचे वेळी सादर करावयाची कागदपत्रे

- १) फोटो - १९ सफोळण प्रमाण
- २) आर.टी.टी.सी.आर अडवाळ
- ३) १०व्या वर्षीचे प्रमाणपत्र आणि गुणपत्रिका
- ४) १२व्या वर्षीचे प्रमाणपत्र आणि गुणपत्रिका
- ५) मर्याद क्रांति रक्षिणी गुणपत्रिका
- ६) अखिल क्रांति
- ७) महाविद्यालयाचे ओळख पत्र
- ८) हस्ताक्षर

डॉ. शरद सुर्यवंशी
संचालक
क्रिडा व शारीरिक शिक्षण विभाग
राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ, नागपूर

प्रतिबिंबी :-

०१. सर्व सहभागी महाविद्यालयांचे सन्माननीय प्राचार्य
०२. प्राचार्य डॉ. अमिता कुर्दे, निवड पायली प्रमुख, आंतर महाविद्यालयीन कॉर्फबॉल मिक्स (पुरुष व महिला) निवड पायली, २०२१-२०२२ याची आचरण कार्यवाही घ्यावी
०३. मा. अचर्य/सचिव, देवाजी खुर्दे कॉलेज ऑफ फिजीकल एज्युकेशन, मोदिवा यांना विनंती की, त्यांनी प्रत्यक्ष डॉ. अमिता कुर्दे यांच्या सेवा केंद्रावरील उपलब्ध करून देवावा.
०४. डॉ. सुभाष दांडे, अचर्य, विद्यापीठ संप निवड समिती २०२१-२२ यांना आचरण कार्यवाहीलाव असेल.
०५. सर्व संचालक सदस्य, विद्यापीठ संप निवड समिती २०२१-२२ यांना आचरण कार्यवाहीलाव असेल.
०६. श्री. सुरेश पांडे, (ए. व्हे. के.) क्रिडा व शारीरिक शिक्षण विभाग, राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ, नागपूर यांनी अनुबंधी कार्यवाही घ्यावी
०७. सर्व सर्वभागांचे सन्माननीय क्रिडा संचालक यांचा विनंती की, त्यांनी आपले लेखीय सर्वमान्य पत्रात सर्वेची/निवड पायलीची विस्तृत माहिती देवून सहकार्य करावे.

Purnohottam Khaparde Health & Education Society's
Yashoda Girls' Arts & Commerce College, Nagpur
Accredited B++ by NAAC
Recognized by Government of Maharashtra & Affiliated to RTM Nagpur University, Nagpur
SNEH NAGAR, WARDHA ROAD, NAGPUR - 440 015. (M.S.) INDIA
Tel : 0712-229027 • Fax No. : 0712-229033 • Website : www.yashodagirlscollege.edu.in • Email : ygc.nmu@rediffmail.com

YGC No./ Phys. 28/21-22 Date 11/03/2022

To,
The Director
Physical Education
Rashtrasant Tukadoji Maharaj Nagpur University
Nagpur.

Subject : Forwarding the Name of the student for Selection Trial of Korfball.

Respected Sir,

The following student are forwarded for the Selection Trial of Korfball.

1. Ku. Payal Rikhilal Dahake	B.A.III
2. Ku. Pooja Rajendra Jilhare	B.A.III

Please include them in Selection Trial.

Thanking you,

PRINCIPAL
Yashoda Girls Arts & Commerce Coll-
Sneh Nagar Nagpur-12



Yashoda Girls' Arts & Commerce College

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur
NAAC Accreditation B++ with 2.82 CGPA

Sneh Nagar, Wardha Road, Nagpur. 440015

Inter-university Rugby championship organised by Mumbai University

Date: 12/04/2022 to 15/04/2022

Number of Teachers Participated: 01

Number of Students Participated: 03 Students selected

Circular of the University

DIRECTOR SPORTS & PHYSICAL EDUCATION
RASHTRASANT TUKDOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
Phone No. 0712-2531686 / mobile no. 9850303154 E-mail - department@yashoda.in Website - nagpuruniversity.org

NO.DPE/RTMNU/21-22/75

DATE 07/04/2022

To,
The Principals of all Concerned Colleges & H.O.D. Department

Subject :-Rashtrasant Tukdoji Maharaj Nagpur University RUGBY WOMEN (7 & 15 SIDE) team for Year 2021-2022

Sir/Madam,

Following players are selected to represent Rashtrasant Tukdoji Maharaj Nagpur University RUGBY WOMEN (7 & 15 SIDE) team in ALL INDIA INTER UNIVERSITY Championships scheduled to be held at KALYAN Organized by UNIVERSITY OF MUMBAI Conducted by B. K. Biria College of Arts Science & Commerce College, Kalyan. The competition will be held on 12/04/2022 TO 15/04/2022. The University team will leave for the Venue on 10/04/2022.

Sr.	Name of Player 15 side	Name of College
01	Sakshi Sahars	Ishwar Deshmukh College of Phy.Edu. Nagpur
02	Dipika Gaidhane	Ishwar Deshmukh College of Phy.Edu. Nagpur
03	Sakshi Jain	Ishwar Deshmukh College of Phy.Edu. Nagpur
04	Shruti Nighot	Dhanwate National College, Nagpur
05	Aashwarya Thakre	Dhanwate National College, Nagpur
06	Natasha Umale	Dhanwate National College, Nagpur
07	Madhu Verma	Dhanwate National College, Nagpur
08	Pallavi Mandale	Dhanwate National College, Nagpur
09	Khusbu Bangade	Dhanwate National College, Nagpur
10	Vidhi Gautam	D. B. Science College, Gondia
11	Pratiksha Raghade	Ashok Moharkar College, Adyal
12	Seema Wasnik	Dhanwate National College, Nagpur
13	Deepali Bansod	D. B. Science College, Gondia
14	Neha Katre	N. M. D. College, Gondia
15	Ishita Balge	N. M. D. College, Gondia
16	Asmita Tarale	Shri Binzani City College, Nagpur
17	Payal Dabhake	Yashoda Girls Arts & Comm. College, Nagpur
18	Divya Dhruve	Yashoda Girls Arts & Comm. College, Nagpur
19	Sana Sheikh	Taywade College, Koradi
20	Narmrata Singh Baghel	Nashikrao Tirpude Phy. Edu., Nagpur
21	Shradha Dhruve	V. N. Govt. Inst. Of Arts & Soc. Sci., Nagpur
22	Kanchan Bramhankar	Br. S. Wankhede College of Edu. RTMNU Npg
23	Anushka Thakre	Dhanwate National College, Nagpur
STAND BYE		
01	Nikita Bedarkar	J. M. Patel College, Bhandara
02	Isha Ganvir	Taywade College, Koradi
03	Pallavi Shinde	Ishwar Deshmukh College of Phy.Edu. Nagpur
04	Renuka Rathnankar	Ishwar Deshmukh College of Phy.Edu. Nagpur
05	Bhagyashree Washare	V. N. Govt. Inst. Of Arts & Soc. Sci., Nagpur
06	Puja Kalband	P. W. S. Arts Comm College, Nagpur
07	Anjali Ukey	N. M. D. College, Gondia
08	Sakshi Baiskar	V. N. Govt. Inst. Of Arts & Soc. Sci., Nagpur

Sr.	Name of Player 7 side	Name of College
01	Kamakshi Iyer	Ishwar Deshmukh College of Phy.Edu. Nagpur
02	Surbhi Dongre	Ishwar Deshmukh College of Phy.Edu. Nagpur
03	Ishika Motghare	G. H. Rasoni Institute of Engg., Nagpur
04	Kalyani Karkade	J. M. Patel College, Bhandara
05	Anishka Yelwe	J. M. Patel College, Bhandara
06	Pooja Mane	J. M. Patel College, Bhandara
07	Bhavana Dhruve	V. N. Govt. Inst. Of Arts & Soc. Sci., Nagpur
08	Riya Singh	Dhanwate National College, Nagpur
09	Akshata Dange	Priyadarshini B. Engineering, Nagpur
10	Anushka Thakare	Dhanwate National College, Nagpur
11	Rani Shinde	Ashok Moharkar College, Adyal
12	Sadhana Wagh	Yashoda Girls Arts Commerce College, Nagpur
STAND BYE		
01	Pranita Turkar	N. M. D. College, Gondia
02	Tajshwini Lamkane	Ishwar Deshmukh College of Phy.Edu. Nagpur
03	Rukita Yessaskar	Mahila Mahavidyalaya, Nagpur
04	Neha Meshram	D. B. Science College, Gondia
05	Nikita Dhulse	Ashok Moharkar College, Adyal
06	Chitali Gajbhaye	P. W. S. College, Nagpur
07	Harshita Matekar	Br. S. Wankhede College of Edu. RTMNU Nagpur
08	Tanushree Waghare	P. W. S. College, Nagpur

COACHING CAMP FROM 08-04-2022 TO 10-04-2022 ALL THE PLAYERS ARE REQUESTED TO REPORT DR. VANDANA MESHAM, DHANWATE NATIONAL COLLEGE GROUND, NAGPUR AT 3.00 P.M.

The selected Men & Women Players are requested to report on 08-04-2022 AT 11.00 P.M. in the Office of the Director, Physical Education, RashtrasantTukdojiMaharaj Nagpur University, Nagpur alongwith college IDENTITY CARD AND XEROX COPY OF 12th MARKSHEET, 10th DIPLOMA & LAST EXAMINATION PASSED MARKSHEET & P.G. STUDENT TO BRING FINAL YEAR PASS MARKSHEET OF U.G.(Tow Sets) In case a player is employed it is mandatory to produce N.O.C. from their employer. Otherwise they will not be allowed to participate in the coaching camp/Inter University Tournament.

It is therefore requested to kindly inform the concerned players of your college accordingly.

Thanking you.

(Dr. Sharad B. Suryawanshi)

DIRECTOR
Sports & Physical Education
RashtrasantTukdojiMaharaj
Nagpur University, Nagpur

COPY FORWARDED TO :-

01. The Chairman, Board of Physical Education, R. T. M. Nagpur University, Nagpur
02. The Member of Rugby Women Selection Committee for information.
03. The Sports Editors of all Local News Papers for favour of wide publicity