



*Purushottam Khaparde Health & Education Society's*

# **Yashoda Girls'**

## **Arts & Commerce College,**

Sneh Nagar, Wardha Road, Nagpur-440015

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#### **Best Practice- 2 :- Empowering Girls regarding Women's Related Issues in Life.**

##### **Objectives: -**

- Providing knowledge to the girls for facing women's related issues and problems in day to day life.
- To impart training and guidance regarding health related issues of women and remedial measures for it.
- To make them aware of the safety measures and legislations for women.
- To empower girls to become a responsible and promising citizen to serve the female counterparts in the society.
- To organize training and skill based activities/ programs to make them self-reliant, confident and competent.

**Context:-** The institution is a girls' college and in accordance with the vision and mission of the institution of empowering girls to make them responsible and promising citizen to serve the community and the nation, this best practice has been implemented.

**Challenge:-** The daily newspaper reflects the multiple issues of the girls and women which makes them commit suicide only because they are not competent to face the odd situation coming in life. They even lack skills and knowledge with respect to their safety and confidence to stand firm even in odd situation in the male dominated society.

##### **The Practice:**

- Based on the title and the specified objectives of the practice, the programs and activities are being organized with respect to empower the girls with respect to all the issues that the girls faces in their day to day life and even they have to face in their married life.
- A committee for this practice has been formed to conduct and organize programs and activities for confidence building of the girls, to provide them knowledge of women's related regulations through experts, to organize seminars and guest lecturers to enlighten them with their health related issues and remedial measures for it.
- The MoUs are signed with the institutions specially working for the empowerment of women and the activities and programs are being organized for the success of the practice.

##### **Constraints and Limitations:**

- Most of the girls in the institution are from rural background and attend the college from about 25 Kms. Such girls find it difficult to take benefit of the practice if they remain absent.
- To overcome the misconception among the rural girls is a great hurdle in participating them in the activities based on bold and daring acts.

**Evidence of Success:**

- The girls are taking full interest in the guest lecturers organized for their confidence building.
- They give good response to the practical based activities related to their health issues.
- They convey the message of what they have learnt in the institution to the female counterparts in their family and neighbours thus becoming a messenger of change and empowerment of women.

**Problems Encountered and Resource Required:**

- More NGO need to involve for the result oriented outcomes of the practice.
- Time management in the institution for such programs become difficult during the examination schedule of the students as they have examination and preparation for it is in their minds.



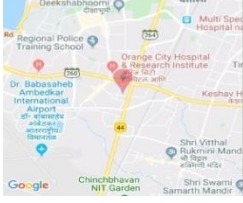


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